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Participants Presentations



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Coping with immigrant's stigma:

perceived discrimination, social identity, individual and collective coping strategies, and well-being



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Immigration in Spain

- In 2010, the % of the international migrants in Spain is higher than in Germany, UK, France, and even US
– **14,1 %**

- In overall, Spain had one of **the highest net migration** rates in Europe throughout the last two decades



(Eurostat, 2010; IOM, 2010)

Immigration in Spain

- Top 10 **migrant groups** in Spain in 2008:
 - Romania
 - Morocco
 - Ecuador
 - Colombia
 - Sub-Saharan African countries
 - Bulgaria
 - China
 - Peru
 - Argentina
 - Bolivia



(Permanent Observatory of Immigration, 2009)

Immigrant's Stigma



- In the EU and in countries with rapid growth of minority populations (immigrants), as the case of Spain, **attitudes toward immigration have become more restrictive** (from 2001 to 2005)

(Meuleman, Davidov, & Billiet, 2009)

Immigrant's Stigma

The “perpetrator’s perspective”



- Attitudes towards immigration in Spain - a rise of reactance to immigration:
 - 37% - **reluctant**
 - 33% - **tolerant**
 - 30% - **ambivalent**
- **Immigration** was the third most frequently mentioned **problem** after unemployment, and problems concerning economy and politics.

(Spanish Center for Sociological Research, 2008).

Immigrant's Stigma

The “target's perspective”

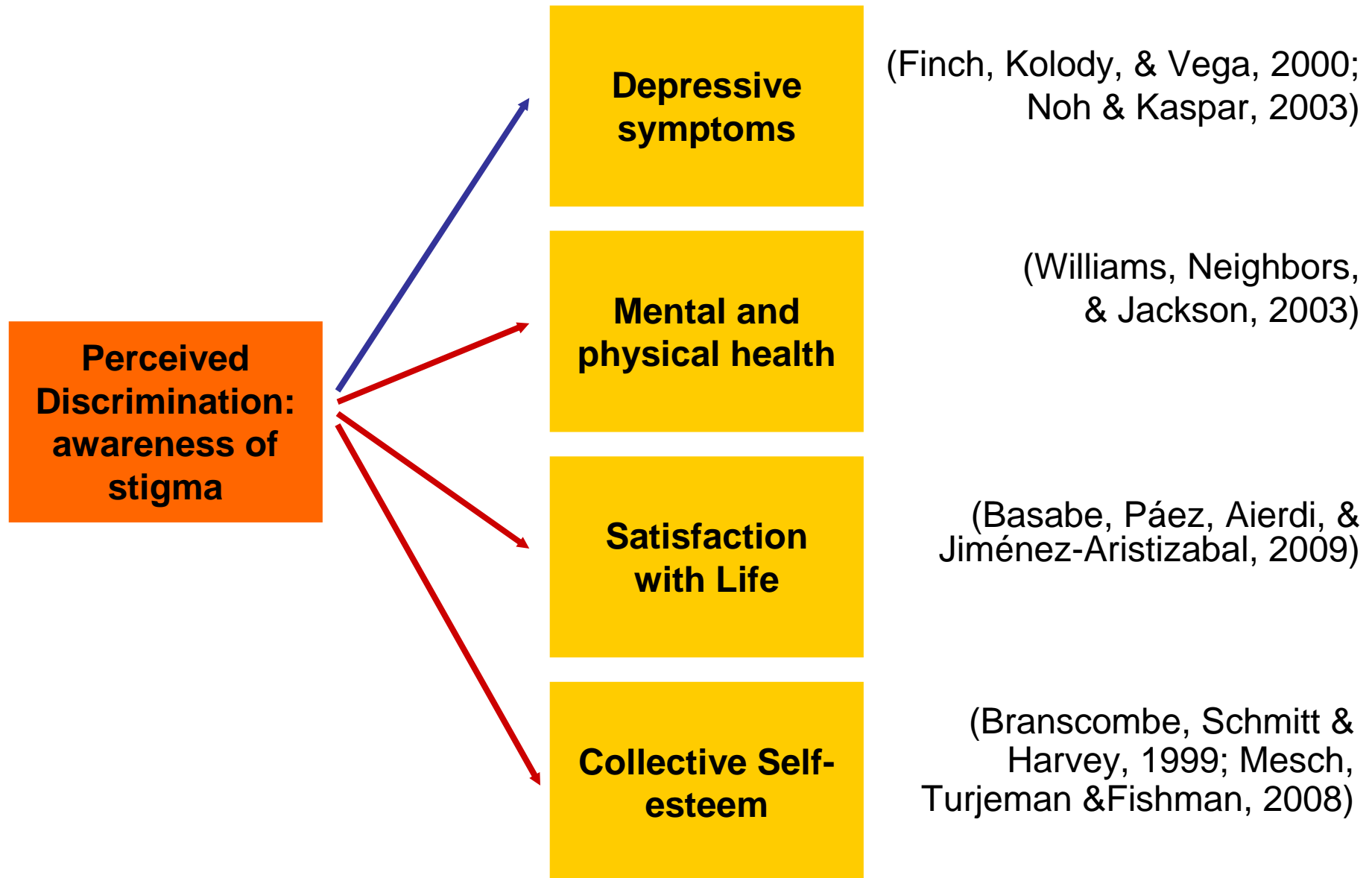
- **Social stigma** is a function of having an attribute that conveys a **devalued social identity** of certain social groups in particular context

(Crocker, Major & Steele, 1998; Major & O'Brien, 2005)

**Perceived
Discrimination:
awareness of
stigma**

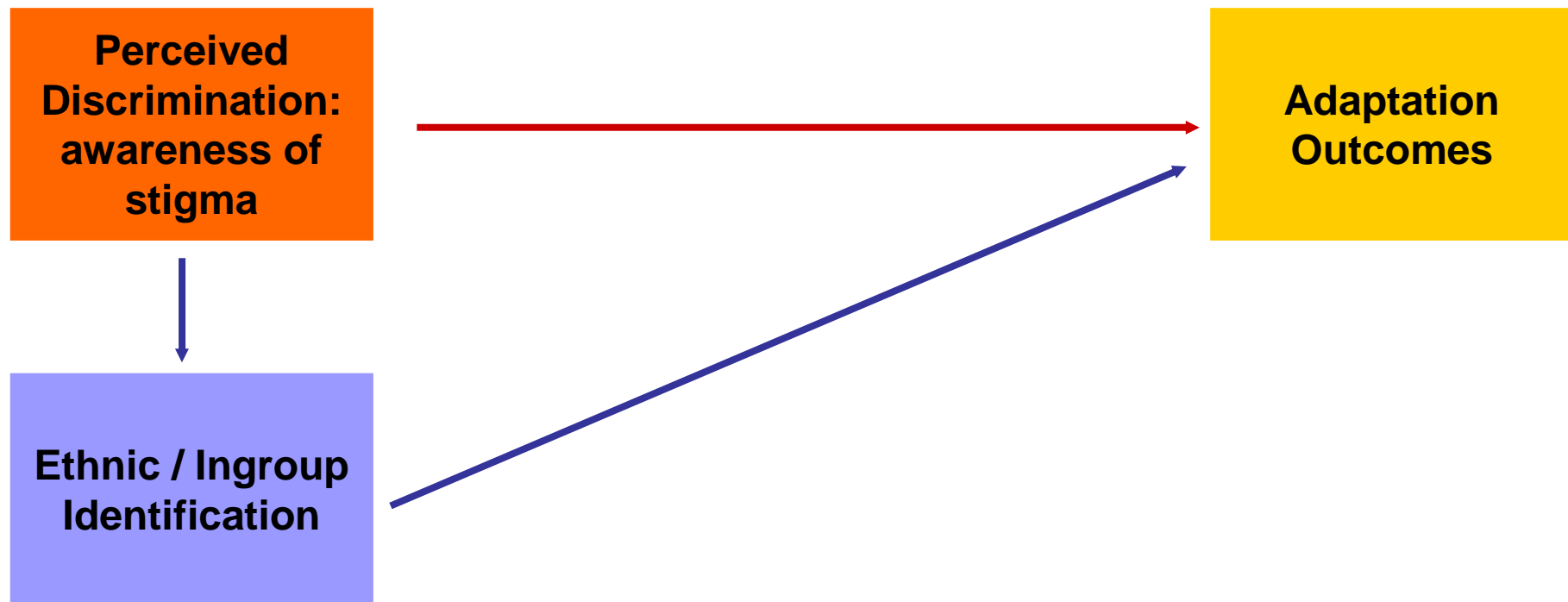
- **Perceived Group and Personal Discrimination** as an indicator of stigmatization— although we are aware that the stigma is a broader concept

Consequences of Stigma



Consequences of Stigma

Rejection Identification Model

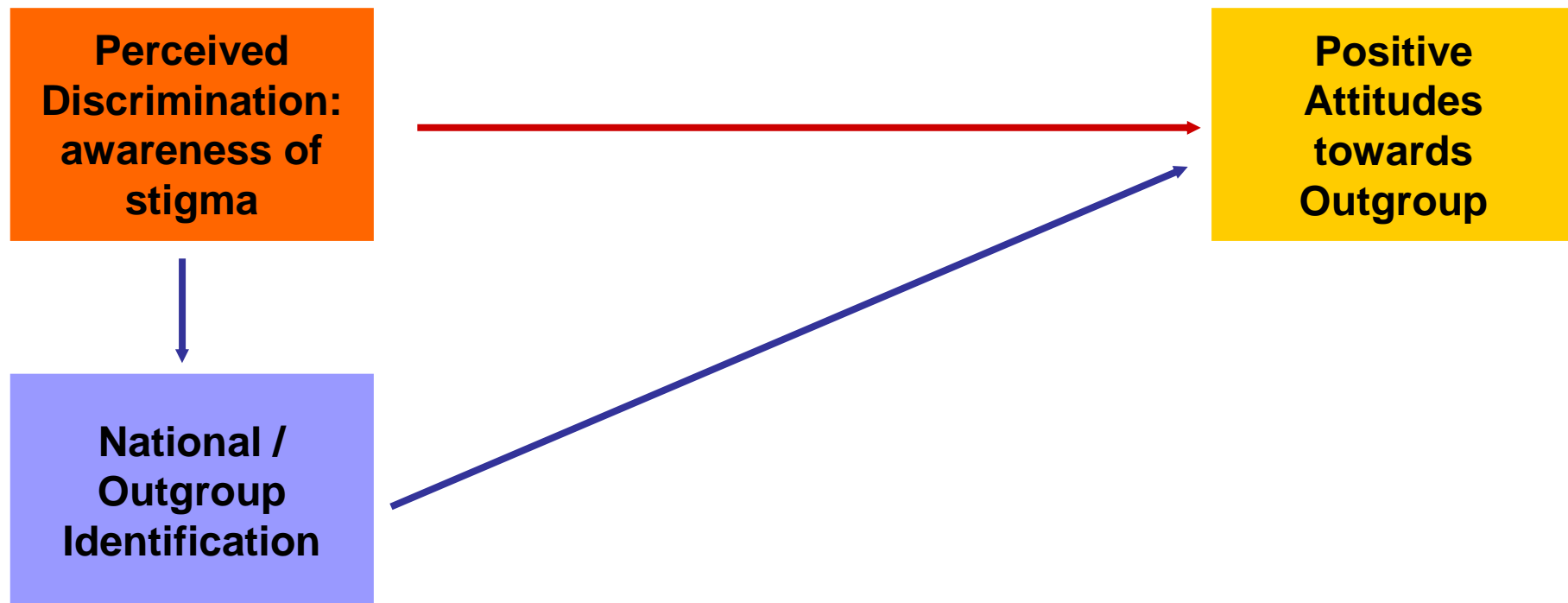


(Branscombe, Schmitt & Harvey, 1999)

Consequences of Stigma

Rejection Des-Identification Model

Ethnic Identification did not work as a buffer between perceived discrimination and stress symptoms



(Jasinskaha-Lahti, Liebkind, Solheim, 2009)

Coping with Stigma

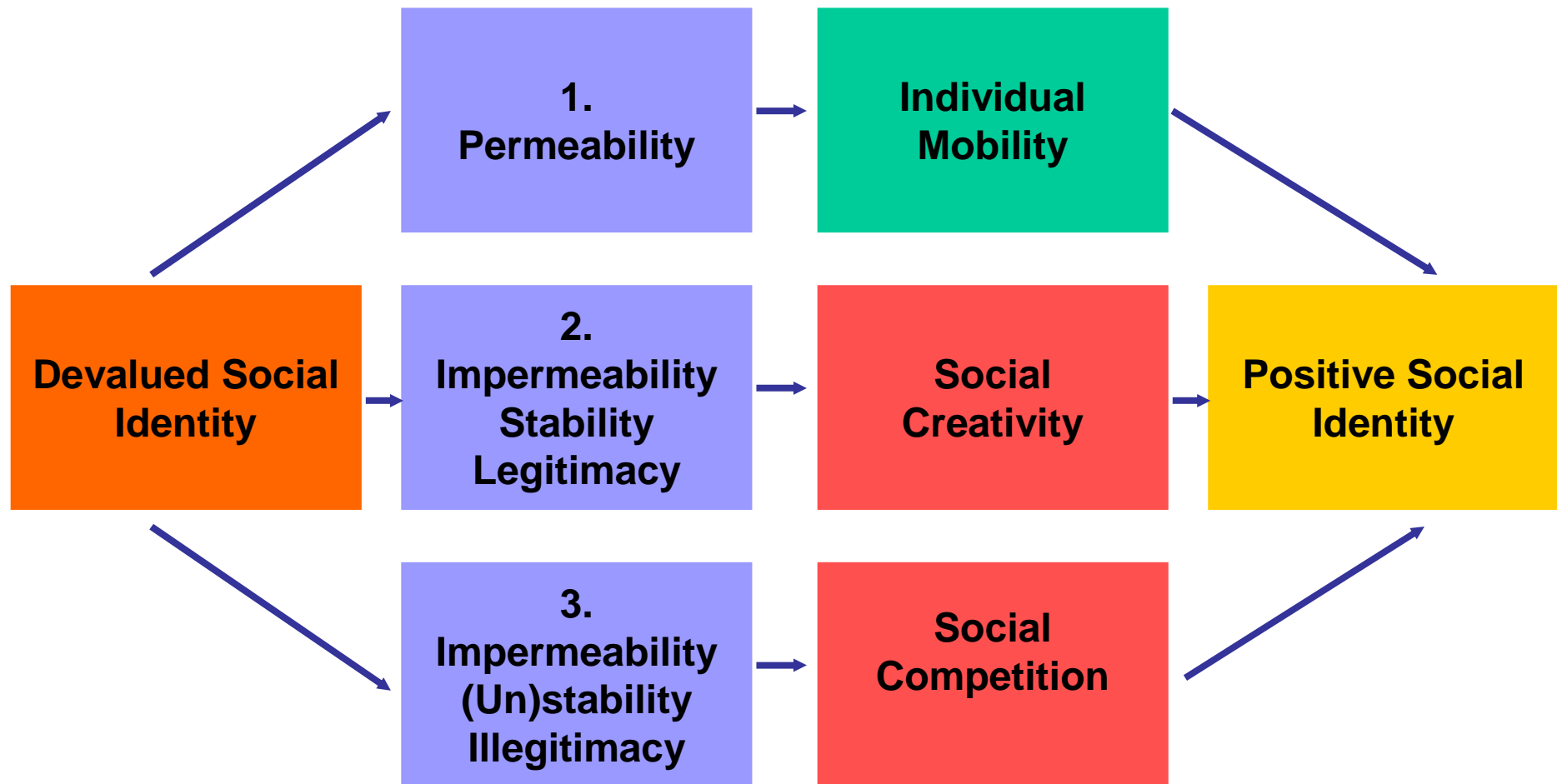
- Stigmatized individuals **do not have to be passive victims** of prejudice and discrimination



- They may act to **deal with the negative identity** or rebuild a positive social identity - to preserve their well-being and self esteem

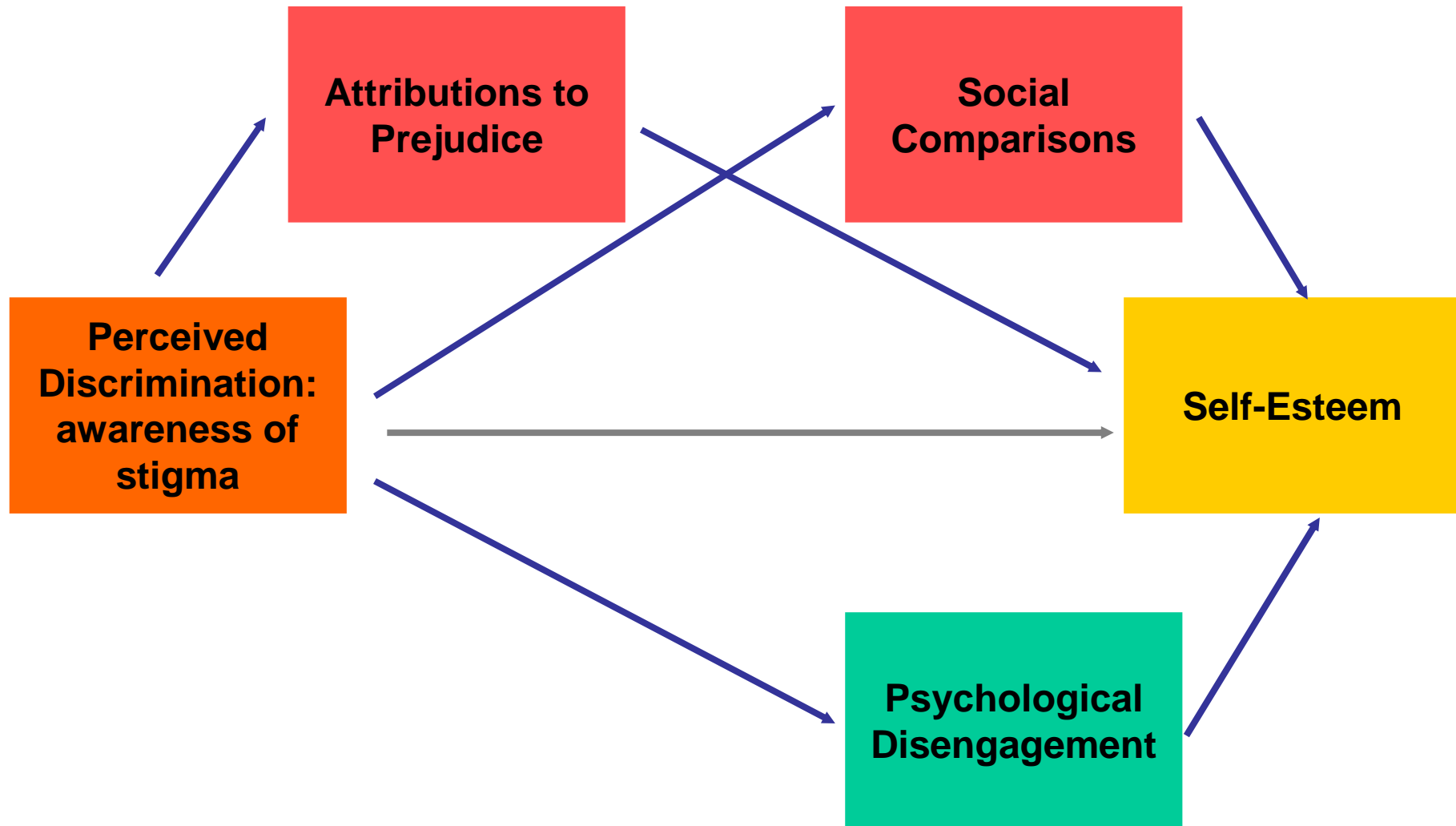


Social Identity Theory



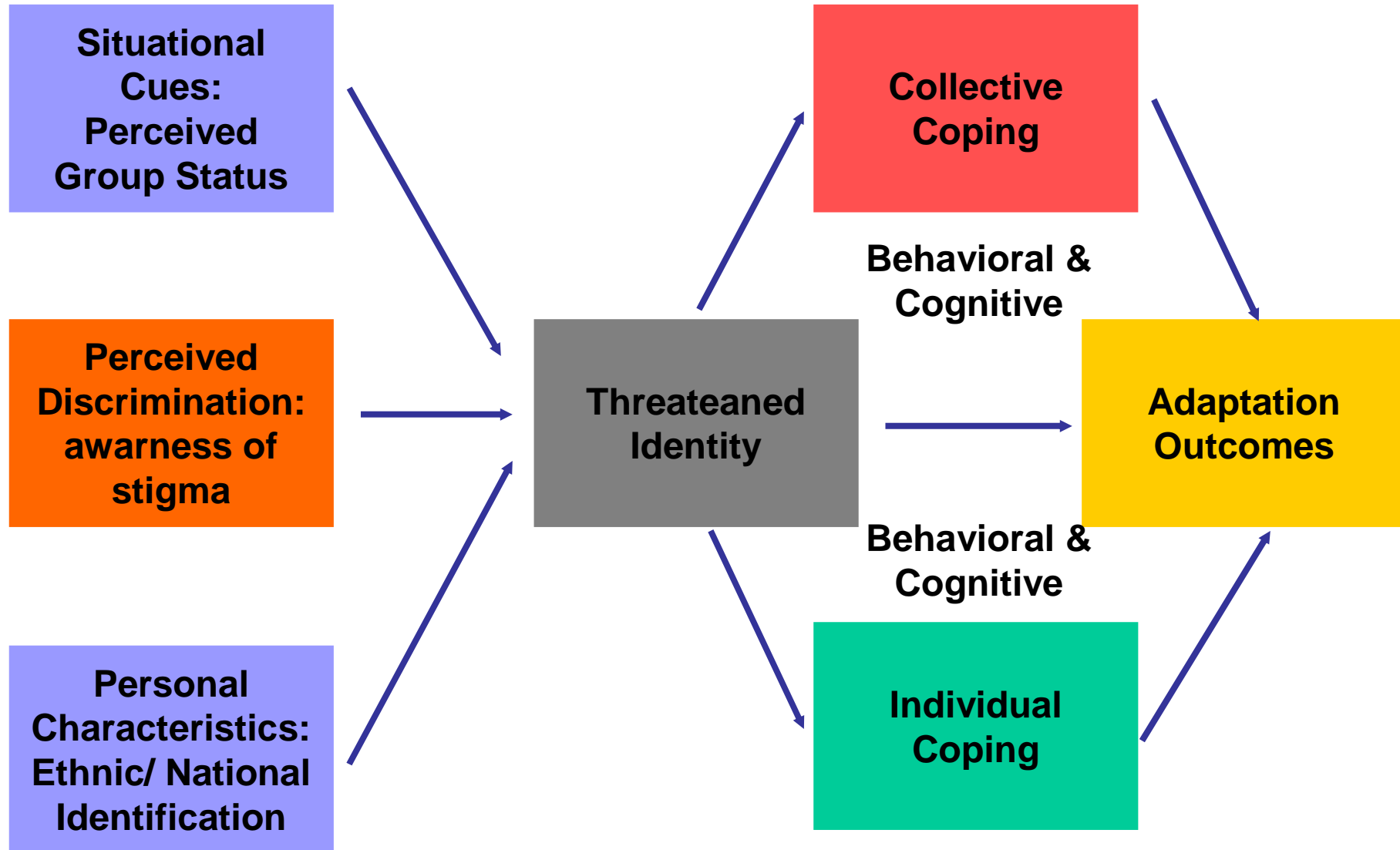
(Tajfel & Turner, 1979; Ellemers, 1993)

Social Stigma & Self-Esteem



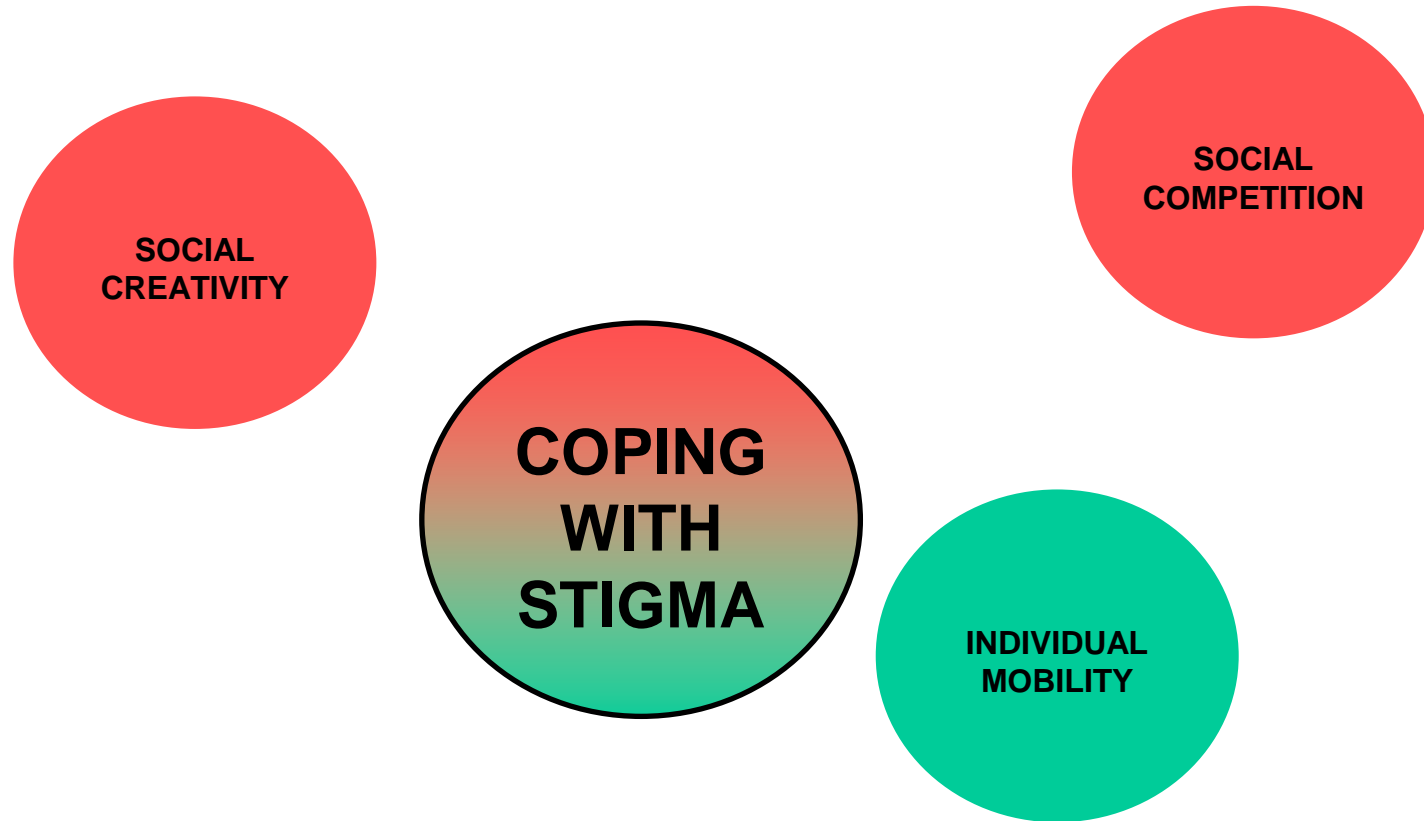
(Crocker & Major, 1989; Crocker, Major, & Steele, 1998)

Coping with Stigma



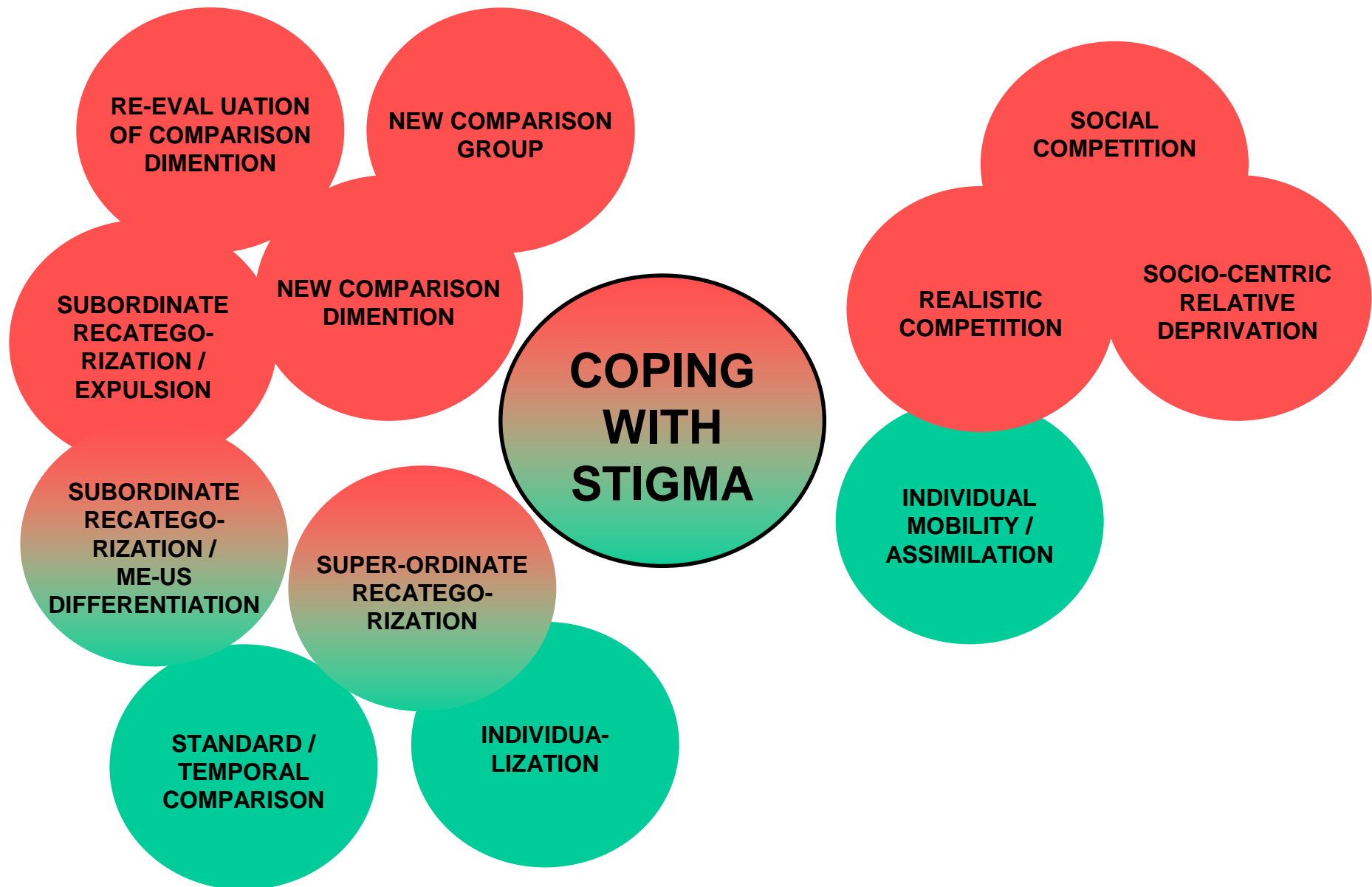
(adapted from Major & O'Brien, 2005)

Building up: Social Identity Theory



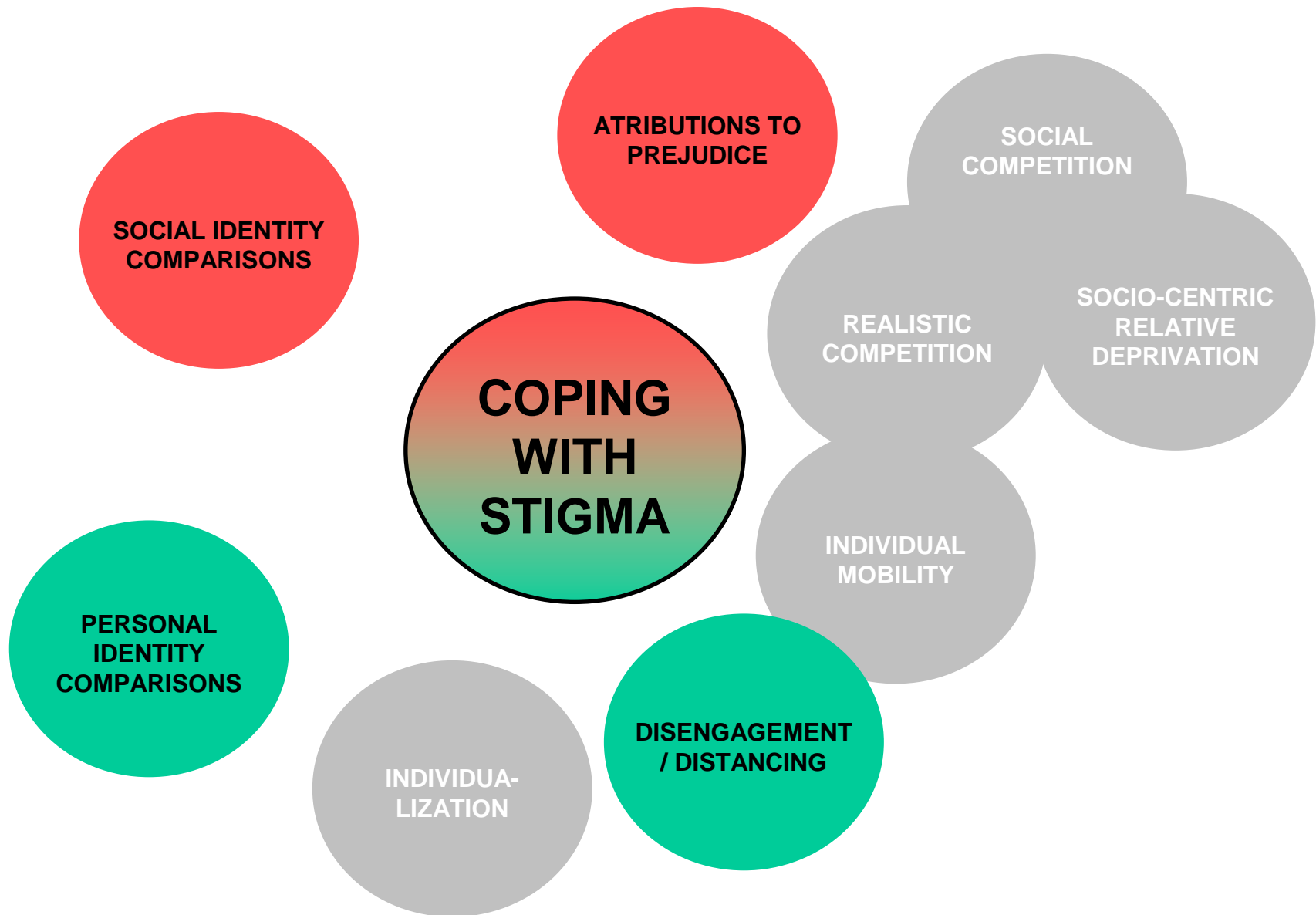
(Tajfel & Turner, 1979)

Building up: SIT & Relative Deprivation



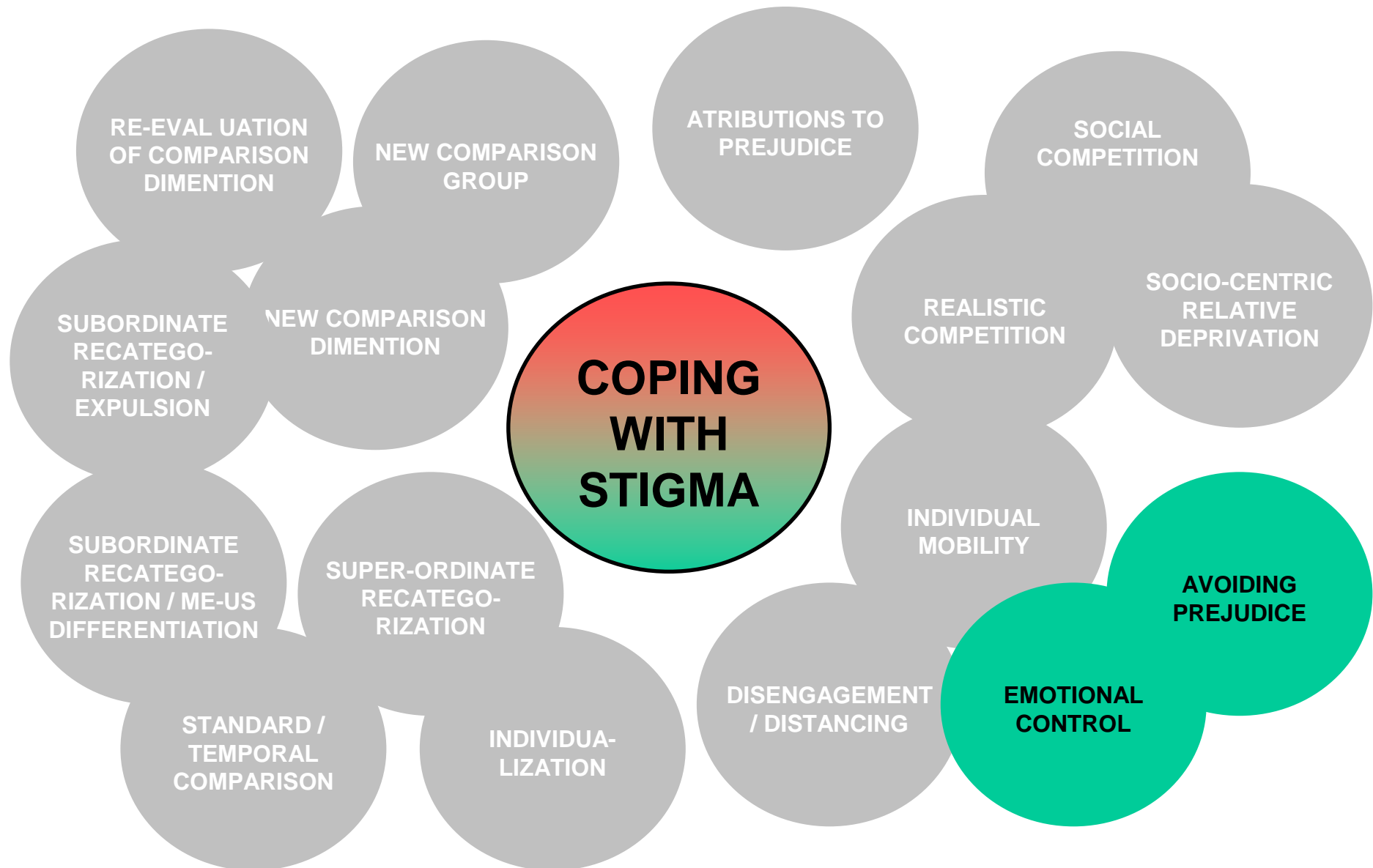
(Blanz, Mummendey, Mielke, & Klink, 1998; Mummendey, Kessler, Klink, & Mielke, 1999)

Building up: Social Stigma

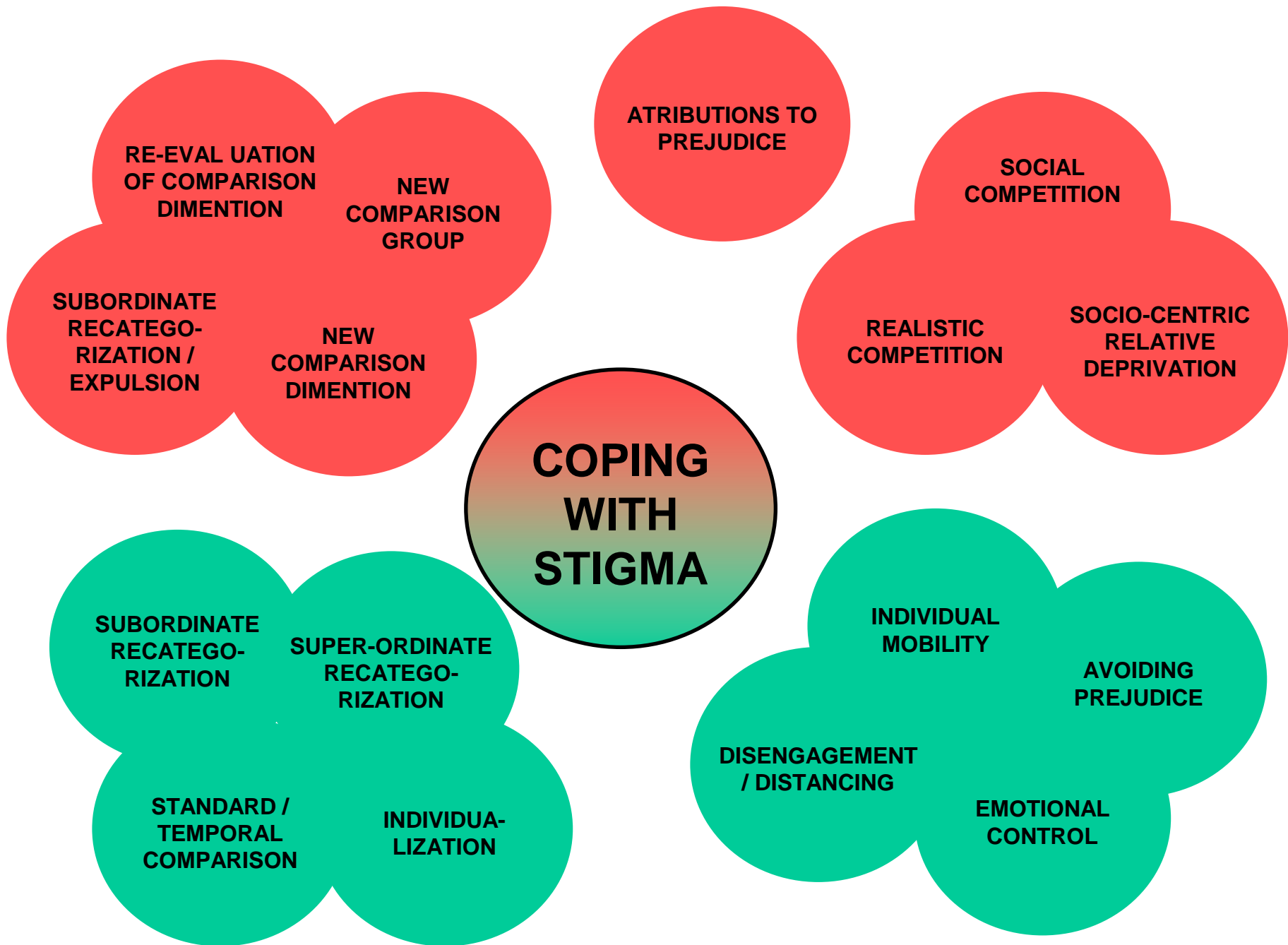


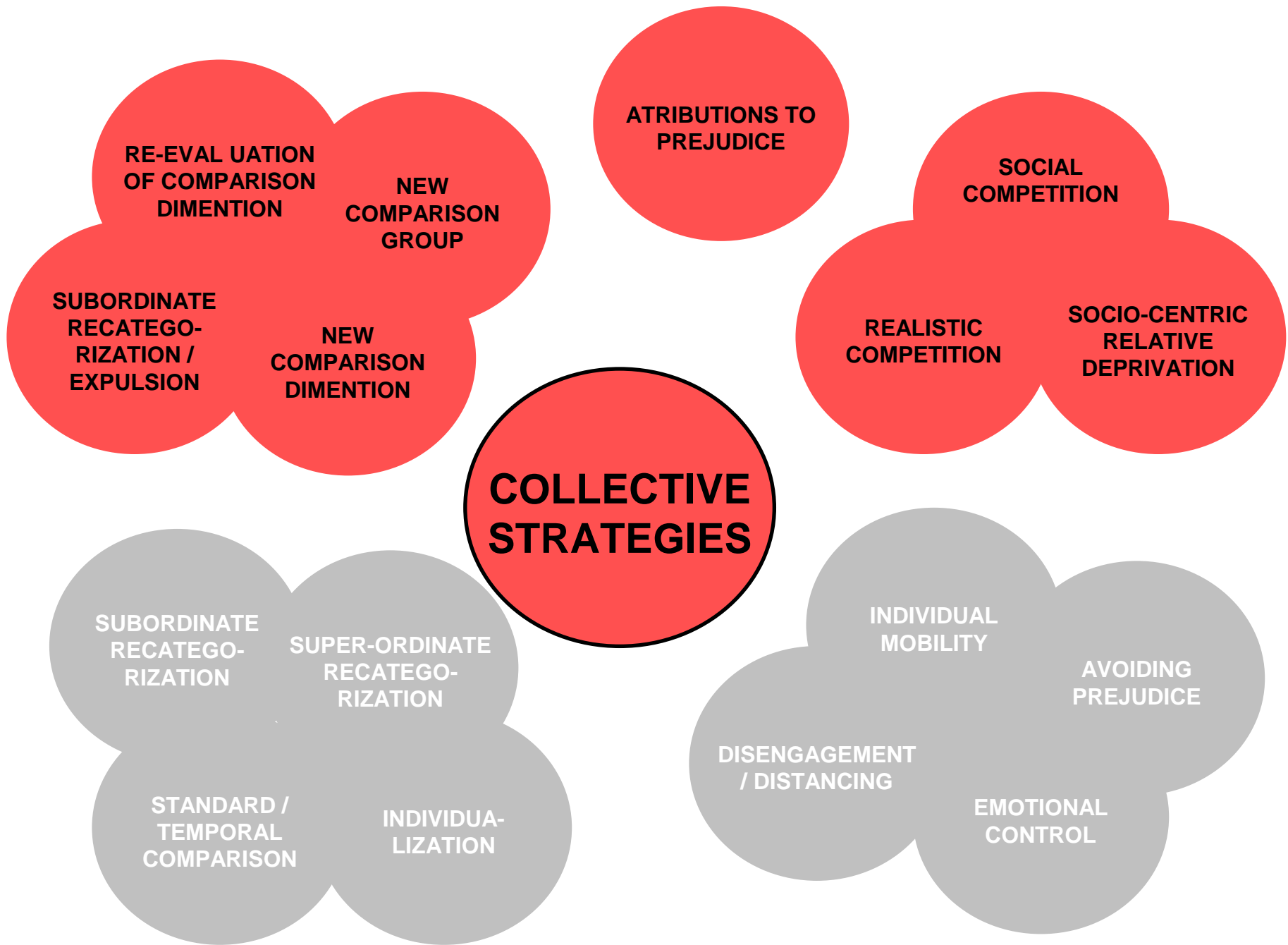
(Crocker & Major, 1989)

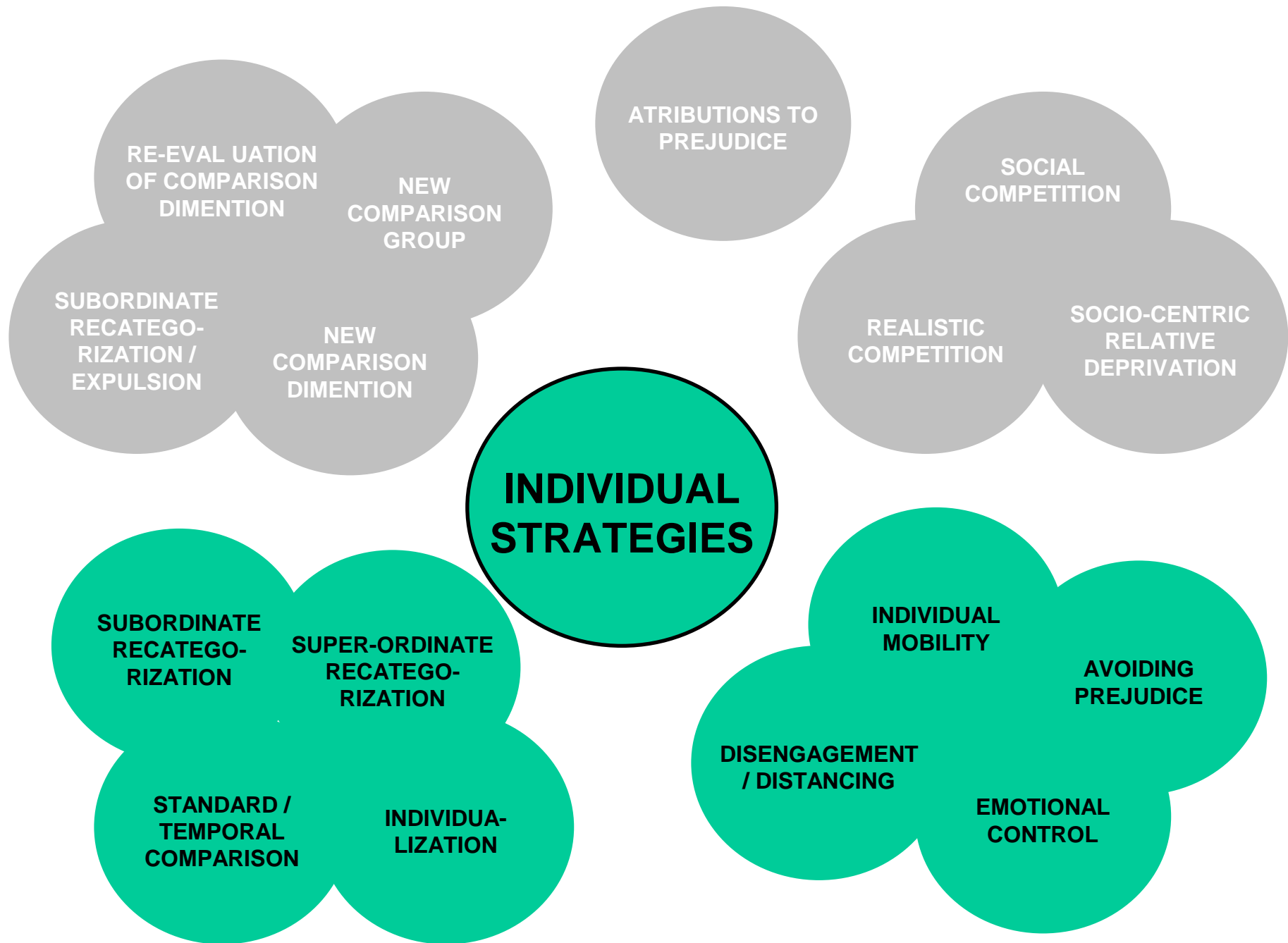
Building up: classic coping

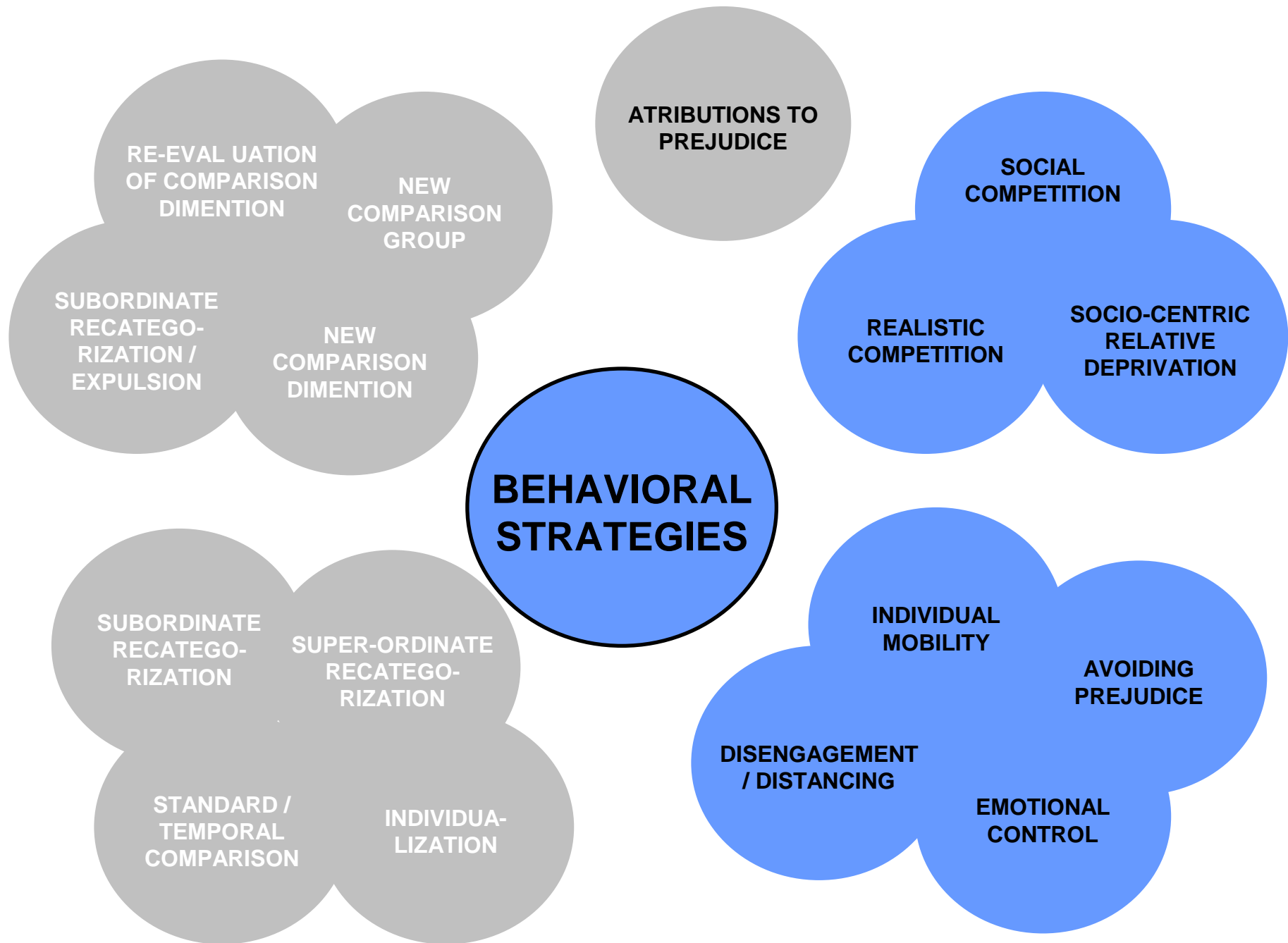


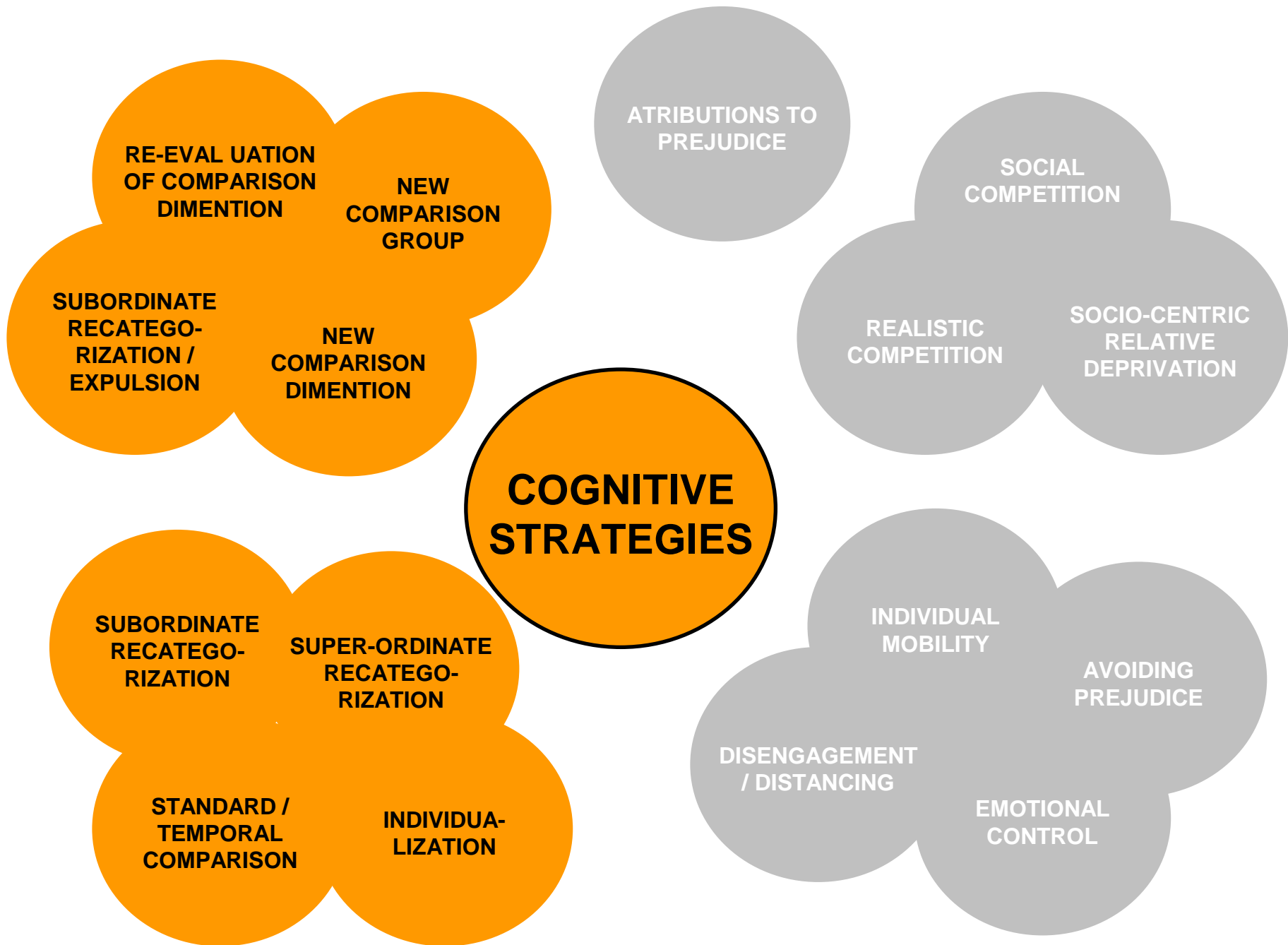
(Carver et al., 1989, Folkman & Lazarus, 1980, Skinner et al., 2003; Outten, Schmitt, Garcia, & Branscombe, 2009)











Objectives of the Study

- To explore the structure of collective and individual strategies of coping with the negative social identity
- To test the model of coping with the stigma just presented

Method



Method: Participants & Procedure

■ Participants

- 1250 immigrant persons proceeding from:

Bolivia (250)

**Colombia
(250)**

Romania (250)

Marocco (250)

**Sub-Saharan
Africa (250)**

■ Procedure

- The questionnaires: individually administered by trained interviewers (in collaboration with the Basque Observatory of Immigration)
- Administered in Spanish; however, the interviewers were backed-up with English and French translation of the questionnaire

Method: Measures

Situational Clues:
Perceived Group Status
Personal Characteristics:
Identification

**Adaptation
Outcomes**

**Perceived Discrimination:
awareness of stigma**

**Collective
Coping**

**Individual
Coping**

Group Status

- **Permeability (1 items): 1–5**
 - The Immigrants from my country who live here have an opportunity to take their place in the Basque society on an equal footing with everyone else
- **(Un)stability (2 items): 1–5**
 - The situation of the immigrants here might get better
- **Legitimacy (1 item): 1–5**
 - It's fair that people from here (Basques) should do better in life than the immigrants
- **Ethnic vs National Identity (1 item each): 1–5**
 - To what extent do you feel Colombian / Rumanian / Moroccan? vs Spanish?

Perceived Discrimination

- **Perceived Personal Discrimination (5 items):** 1–5
 - During your stay in the Basque Country, how frequently:
 - have people from here, either the Basque or the Spanish, made you feel that you are a financial threat to the Basque (taking their jobs, abusing welfare benefits, etc.)?
 - have you felt discriminated, stared at, heard negative comments, or felt rejected because of your physical appearance?
 - have people from here, either the Basque or the Spanish, made you feel ignored or neglected?

Adaptation Variables: Personal Adaptation

- **Satisfaction with Life (1 item): 1–10**
 - All things considered, how satisfied are you with your life as a whole these days?
- **Bradburn's Affect Balance Scale (18 items): 1–4**
 - Have you ever felt very worried? / cheerful?
- **Psychological Well-Being (15 items): 1–6**
 - **Environmental Mastery:**
 - I am good at managing the responsibilities of my daily life
 - **Positive Relations with Others:**
 - I have warm and trusting relationships with others
 - **Personal Growth:**
 - I've had experiences that challenged me to grow and become a better person

Adaptation Variables: Collective Adaptation

- **Collective Self-Esteem Scale (5 items): 1–7**
 - **Private Collective Self-Esteem:**
 - I feel good about the national group I belong to
 - **Importance to Identity:**
 - My nationality is important to me
- **Keyes' Social Well-Being (16 items): 1–5**
 - **Social Contribution:**
 - I have something important to contribute to the society
 - **Social Integration:**
 - I feel I belong to something I'd call a community
 - **Social Actualization:**
 - Our society is becoming a better place for people like me
 - **Social Acceptance:**
 - People are basically good
 - **Social Coherence:**
 - I cannot make sense of what's going on in the world

Individual Coping Strategies

- **Disengagement/ Distancing (1-5)**
- **Individual Mobility**
- **Avoiding Prejudice**
- **Emotional Control**
- **Psychological Disengagement / Desidentification**
- **Individualization**
- **Individual Subordinate Recategorization (Me-us Differentiation)**
- **Superordinate Recategorization**
- **Intragroup and Temporal Comparison**

Items are presented in the results section

Collective Coping Strategies

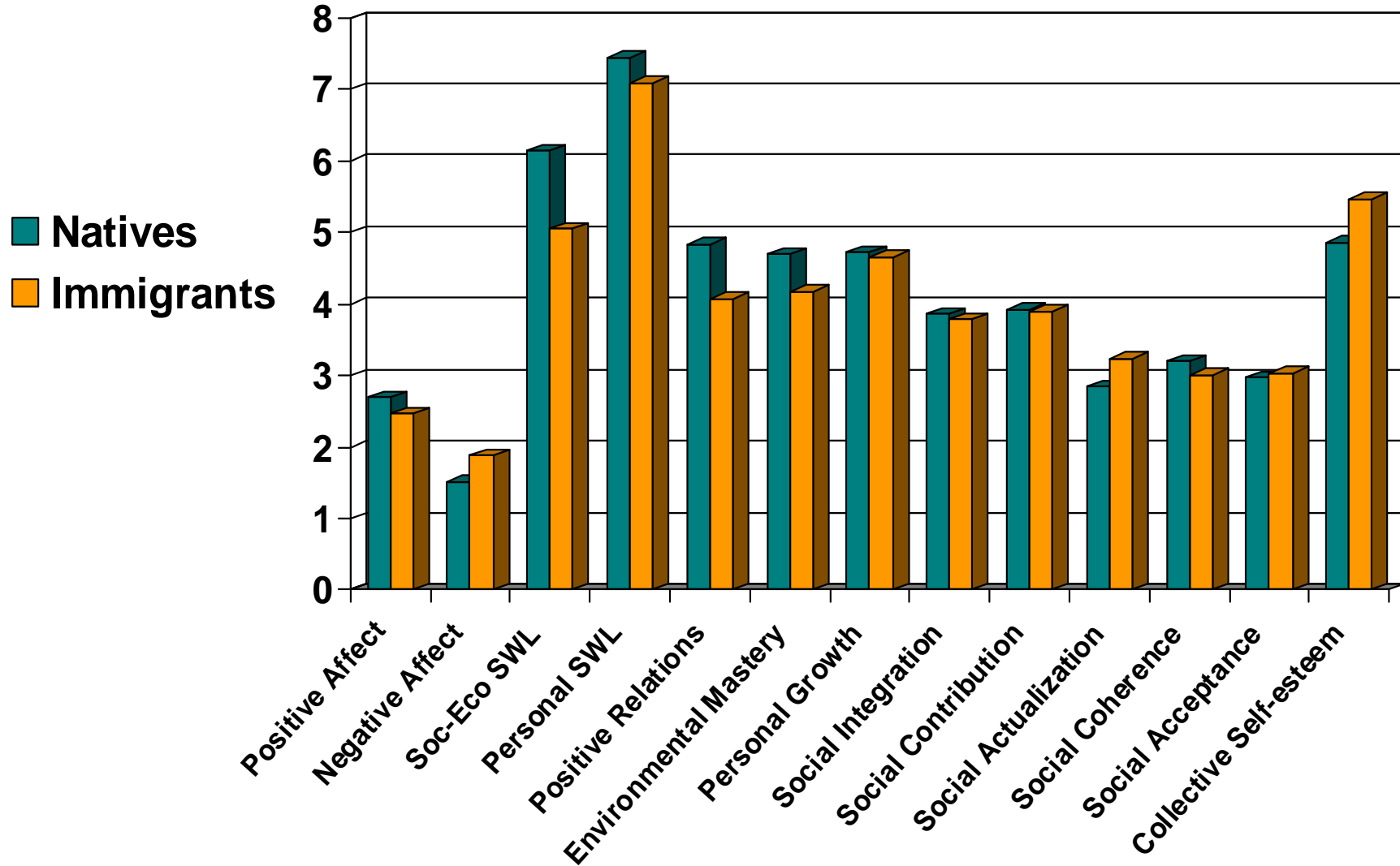
- **Cognitive Creativity (1-5)**
 - New Comparison Group
 - Re-evaluation of Comparison Dimension
 - New Comparison Dimension
 - Intragroup Subordinate Recategorization (Differentiation)
- **Attribution to Prejudice**
- **Social and Realistic Competition**
- **Sociocentric Relative Deprivation**
- **Belief in a Just World in Future**
- **Realistic Competition**

Items are presented in the results section

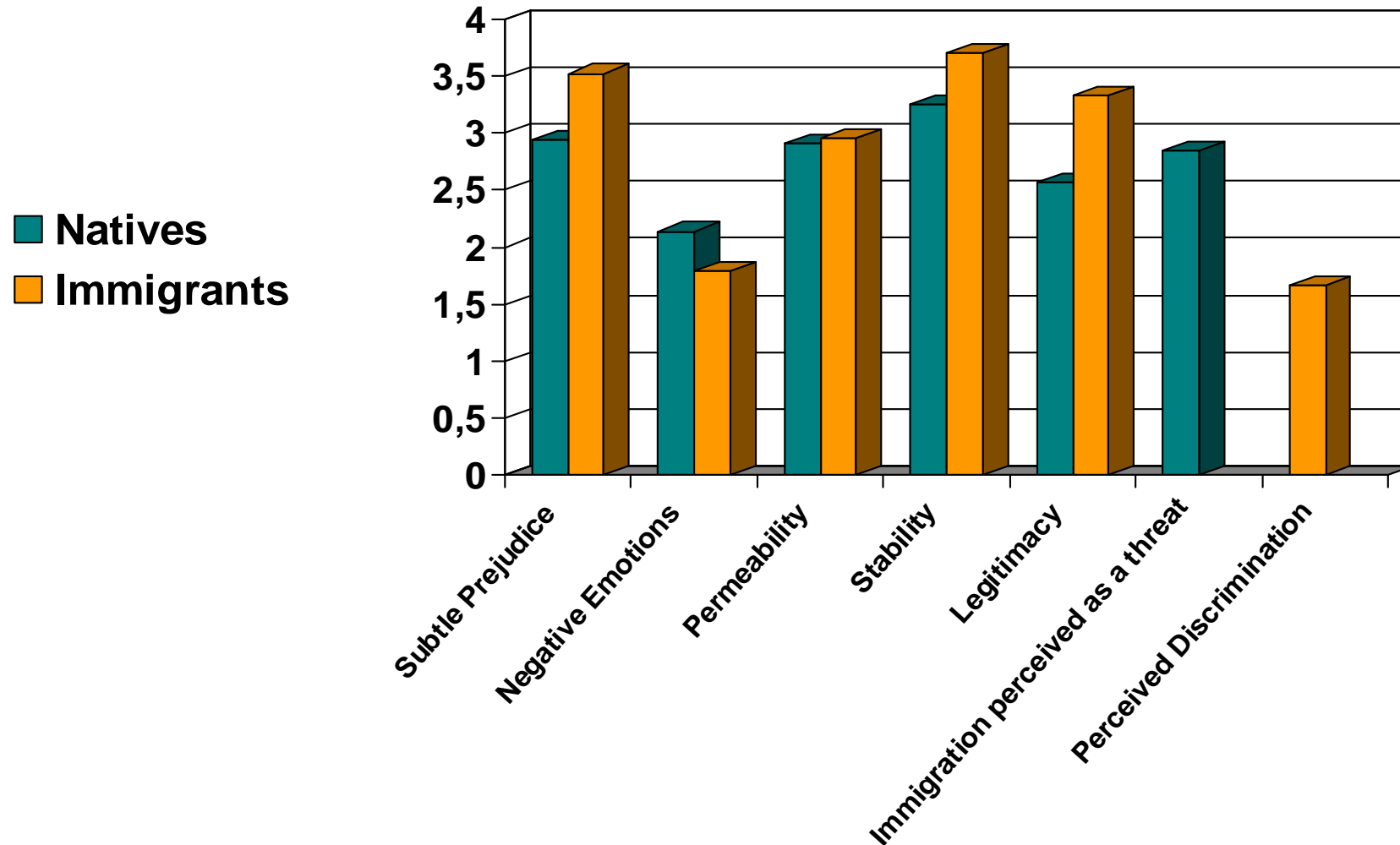
Results



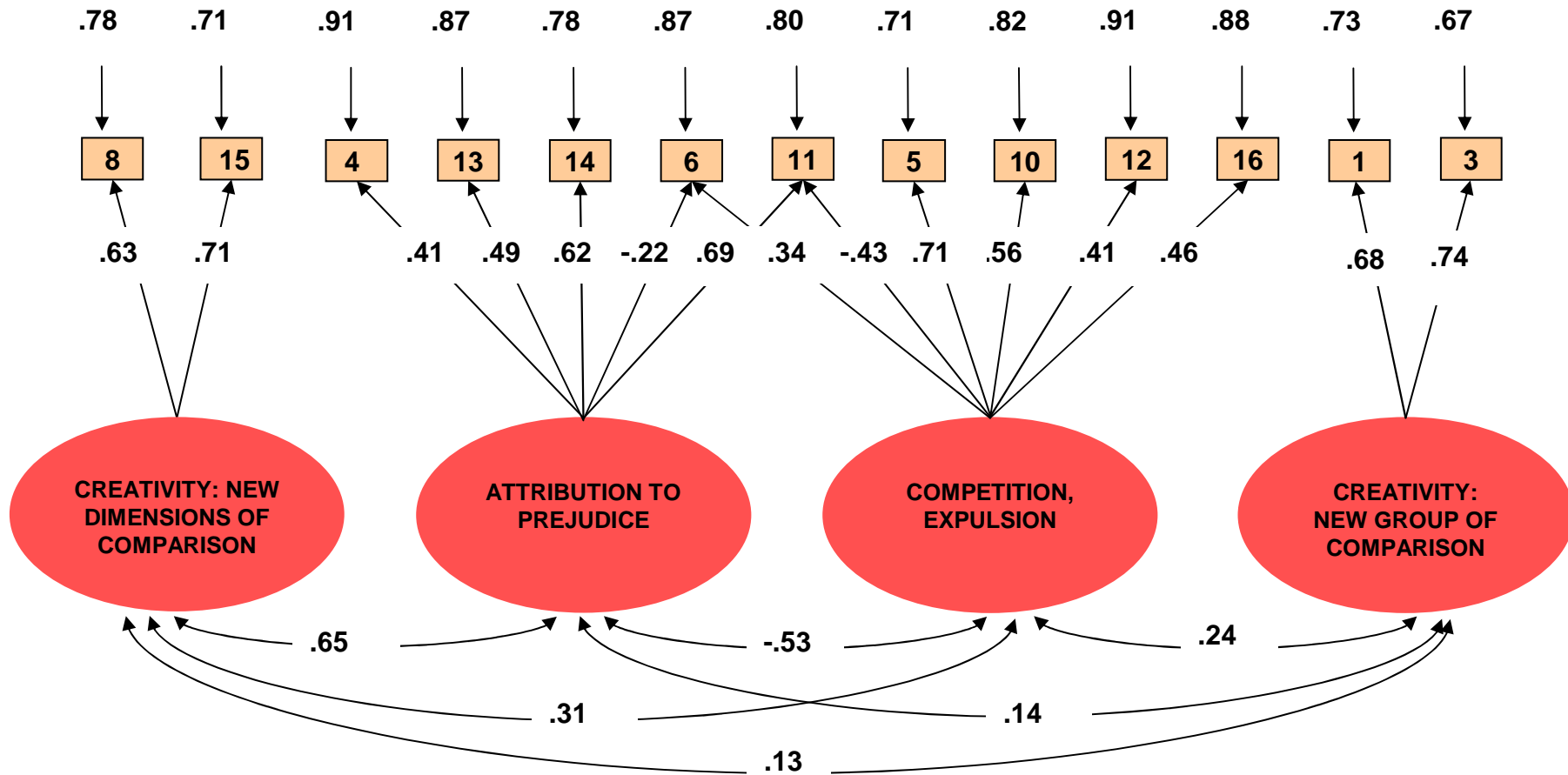
Well-being: Immigrants vs. Natives



Group status related variables: Immigrants vs. Natives



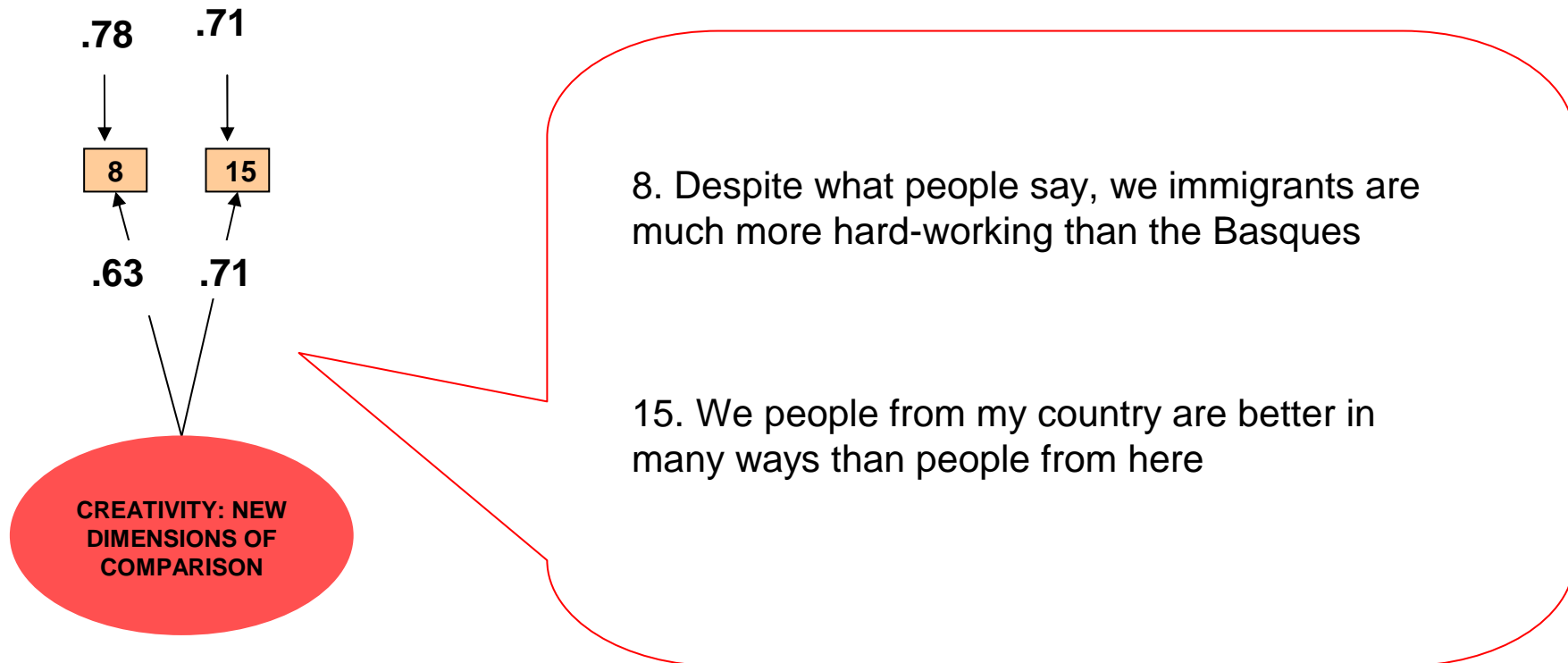
Collective Coping Strategies



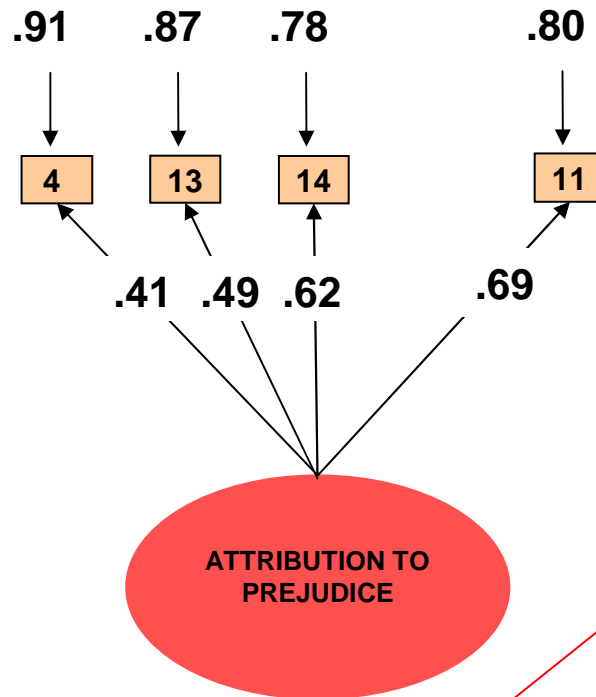
Model fit:

$\chi^2 (57, N = 1250) = 222.098, p < .001; CFI = 0.931; SRMR = 0.037$

Collective Coping Strategies



Collective Coping Strategies



4. We don't take jobs away from the local people: we do the jobs they don't want to do

11. The bad situation of immigrants from my country is caused by a lack of support from the Basques and the Spaniards

13. Immigrants earn less money and have fewer opportunities to better themselves than they deserve

14. The poor view that some Basques hold of immigrants is because these people have a lot of prejudices

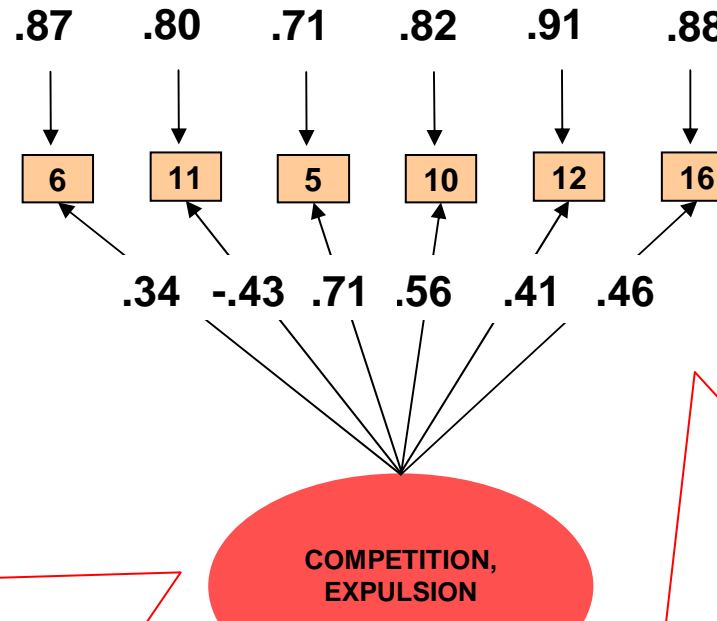
Collective Coping Strategies

5. The bad things that people say about us are caused by the behaviour of a small minority; most of us aren't like that

6. We immigrants ought to have the same services and rights as people from here

10. At times the unacceptable behaviour of some immigrants makes the Basques think badly of us

11. The bad situation of immigrants from my country is caused by a lack of support from the Basques and the Spaniards



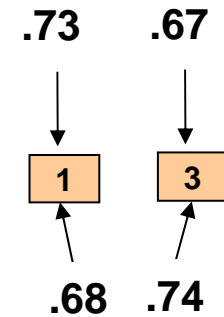
12. We immigrants from my country can band together to fight for our rights and be like people from here

16. I have faith that in time, justice will be done and prejudice towards us will become a thing of the past

Collective Coping Strategies

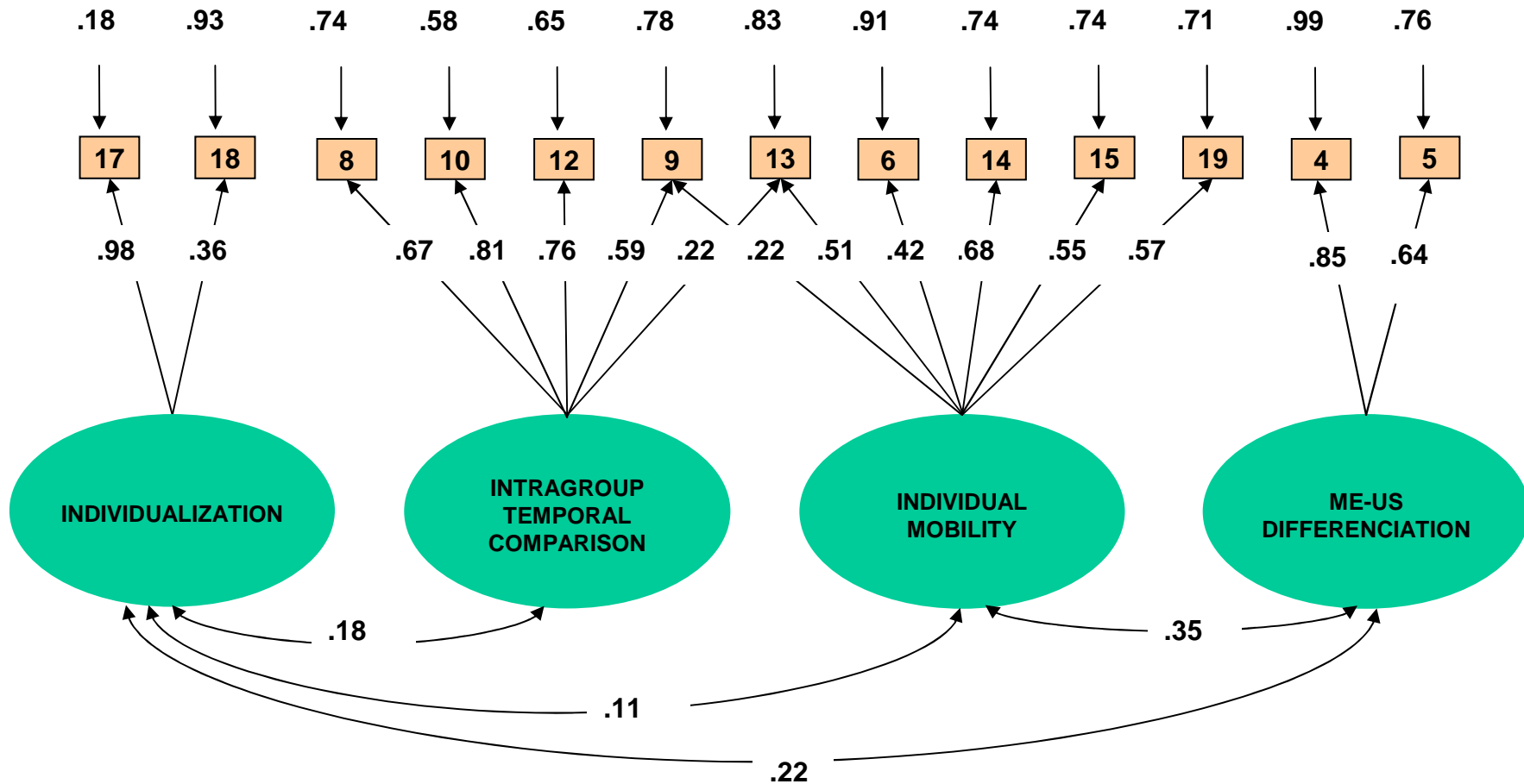
1. There are other groups that are seen in a worse light here than people from my country

3. The Basques and the Spaniards treat people from my country more kindly than they treat other immigrants



**CREATIVITY:
NEW GROUP OF
COMPARISON**

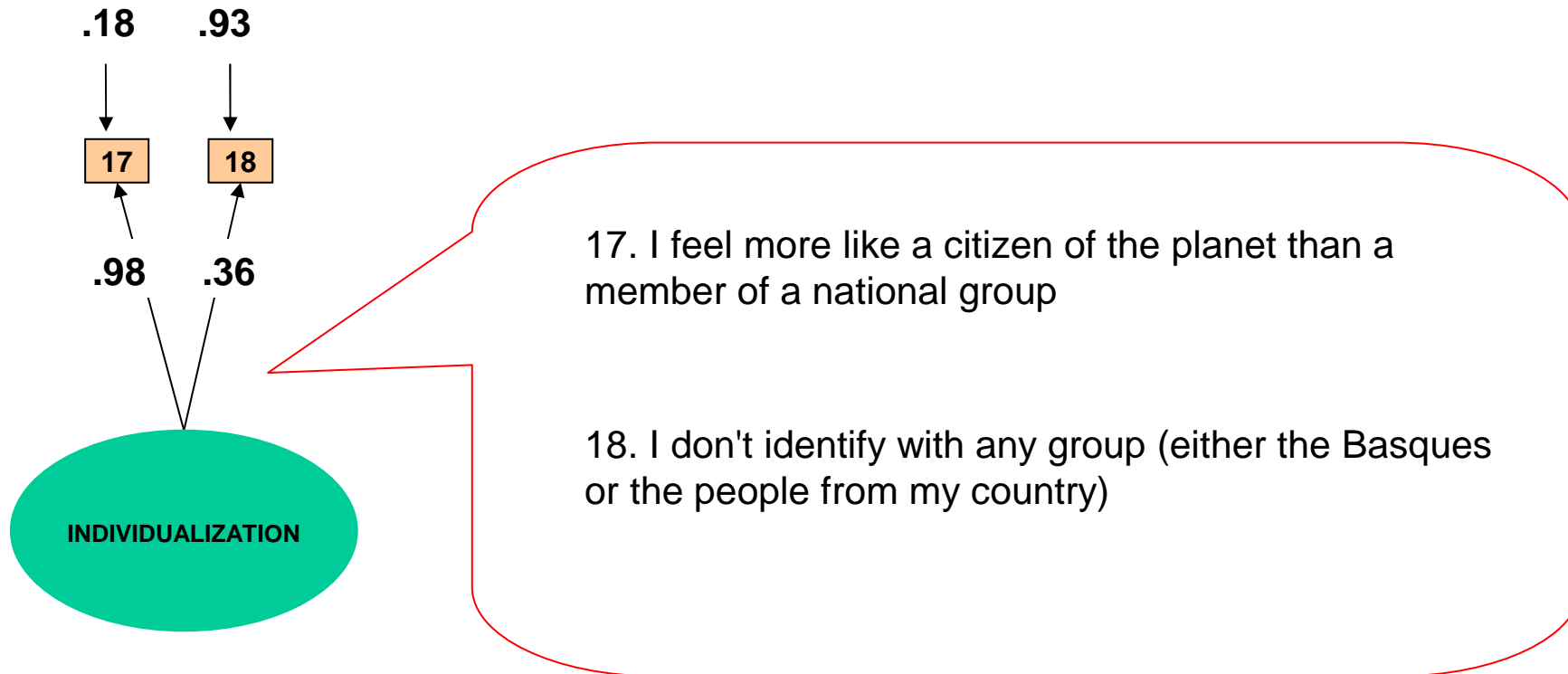
Individual Coping Strategies



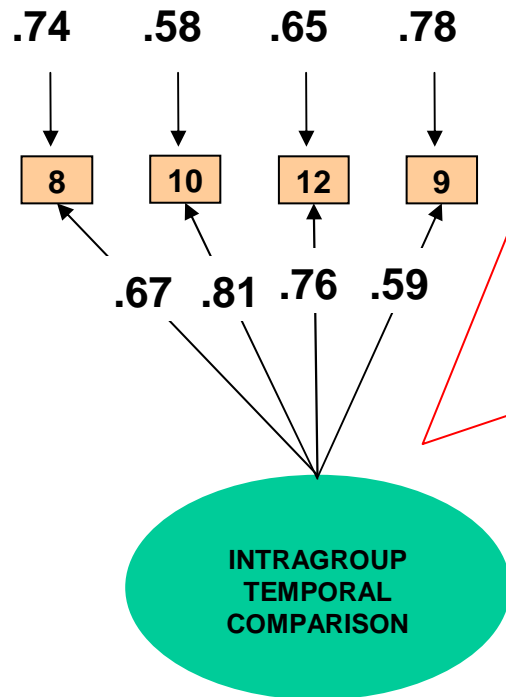
Model fit:

$\chi^2(60, N = 1250) = 275.797, p < .001; CFI = 0.994; SRMR = 0.043$

Individual Coping Strategies



Individual Coping Strategies



8. My own personal situation is fairly better than the situation of most immigrants from my country

9. Now I'm enjoying the experiences of daily life more than before and I'm trying to make the most of them

10. When I think of what my plans and prospects used to be, my situation is better than I expected then

12. Compared with the past, my situation is better than before

Individual Coping Strategies

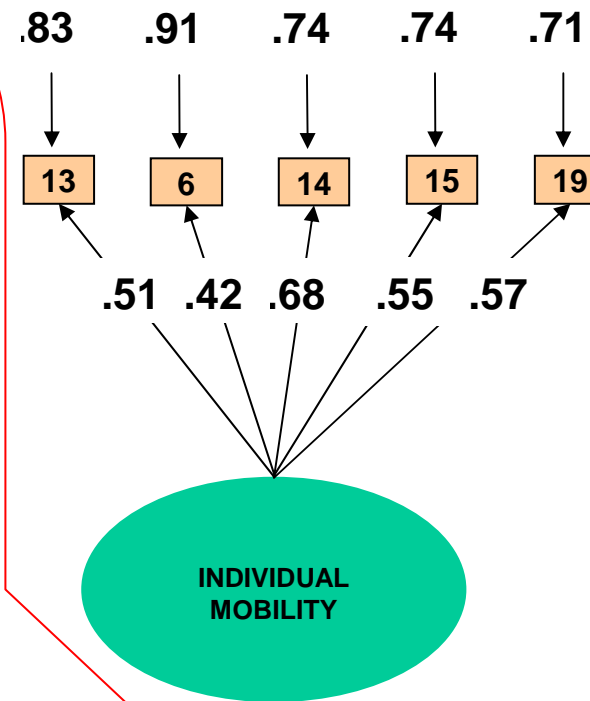
6. I make an effort to overcome the difficulties I face as an immigrant

13. I throw myself in and concentrate on my studies or work so as not to have to think about my situation, and I act as if everything were O.K.

14. I try to stay clear of people who think badly of immigrants

15. I try not to let it get to me on an emotional level when immigrants are badly treated

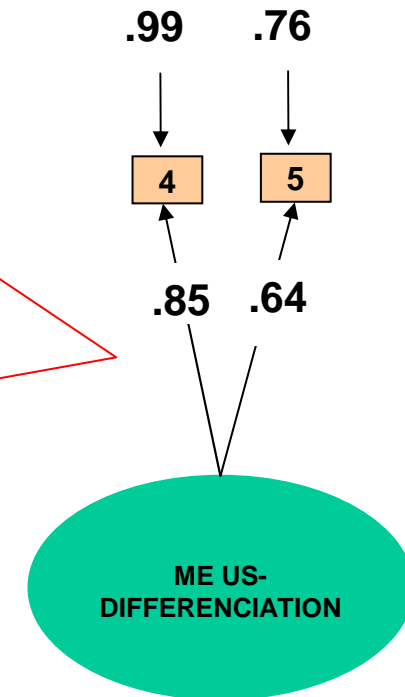
19. I make an effort to demonstrate that I'm better than people from here in my working life (or whatever else it is that you do)



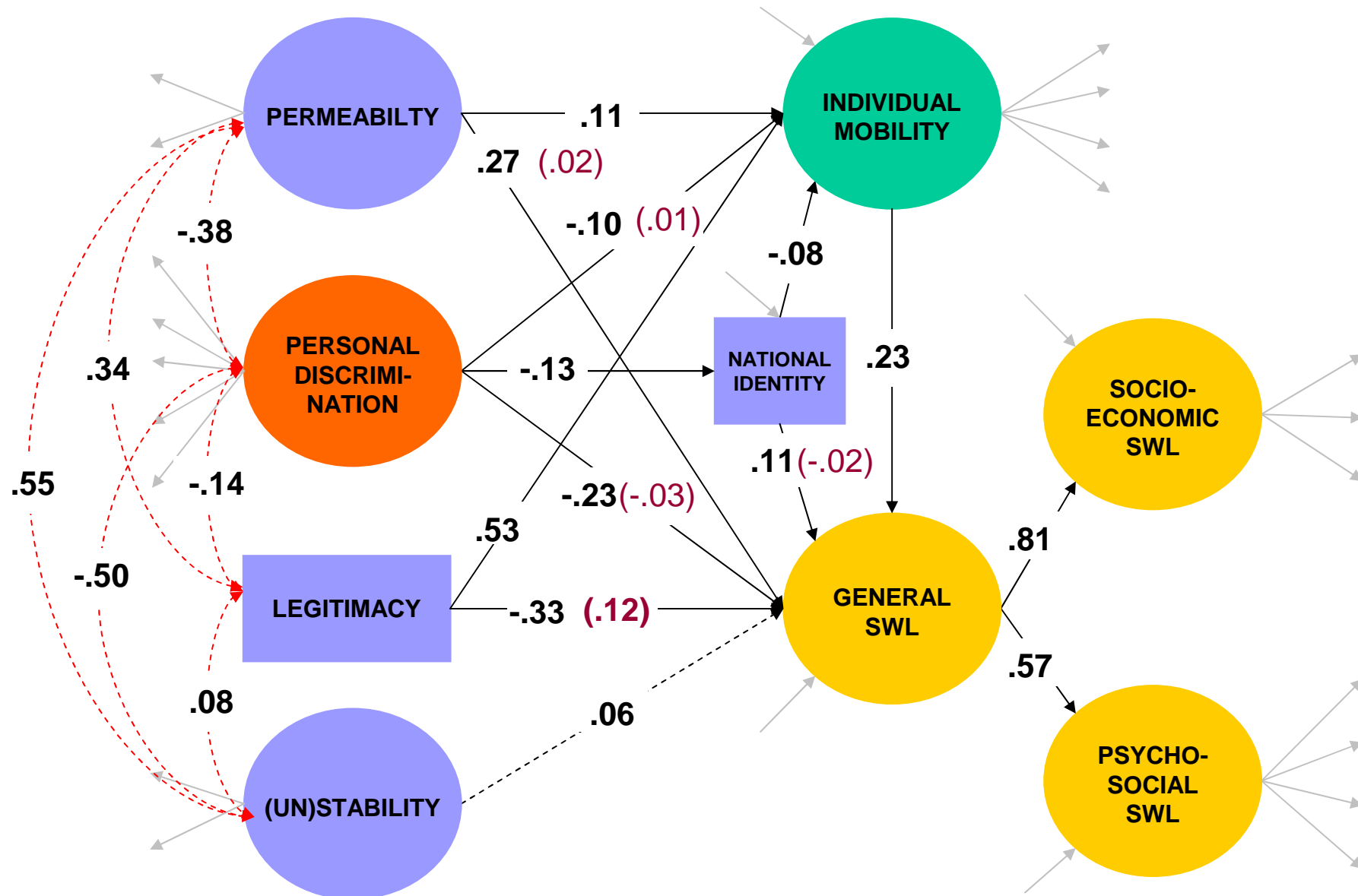
Individual Coping Strategies

4. I feel very different from most of the people from my country

5. We immigrants from my country are very different amongst ourselves

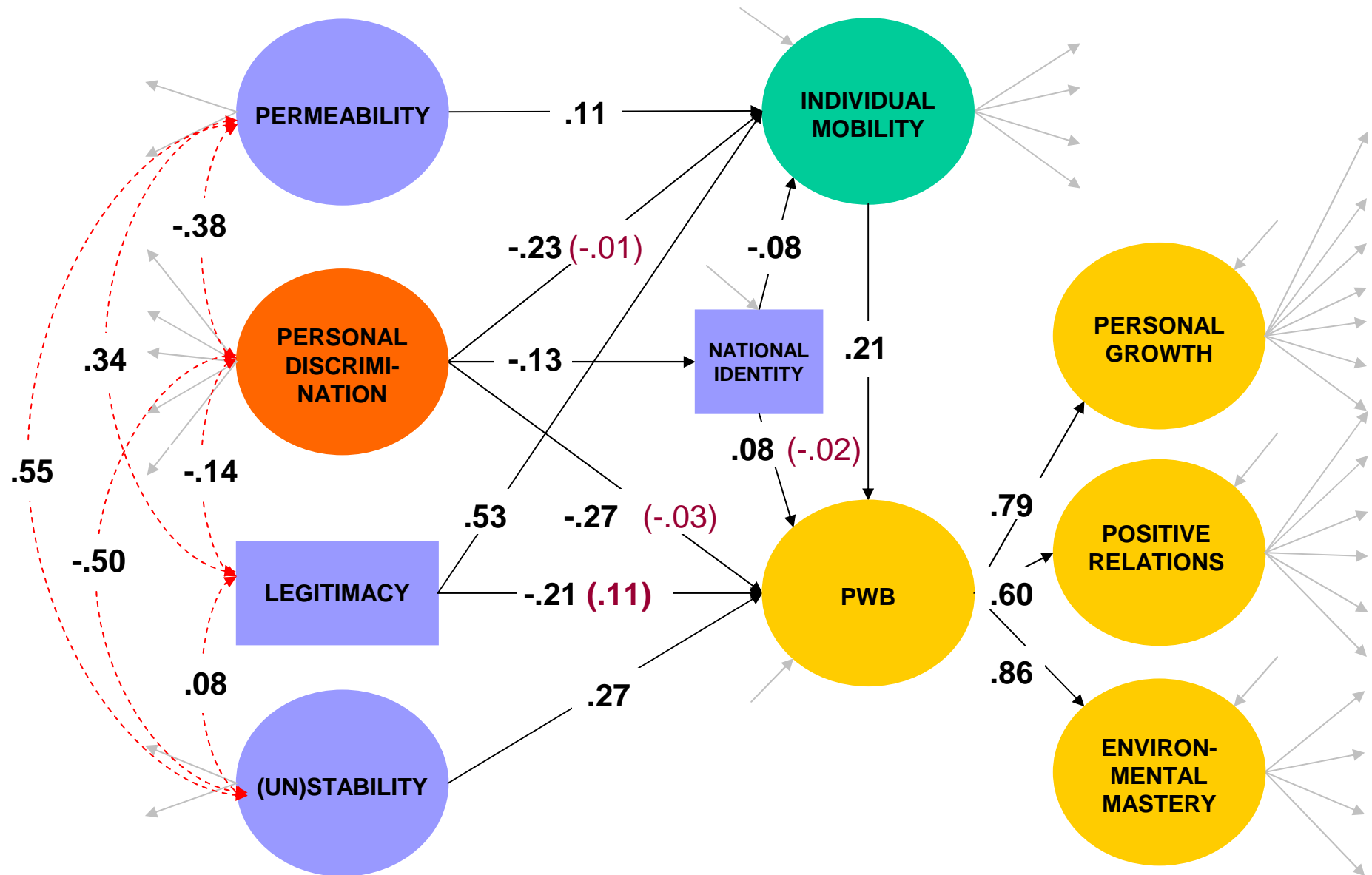


Individual Mobility



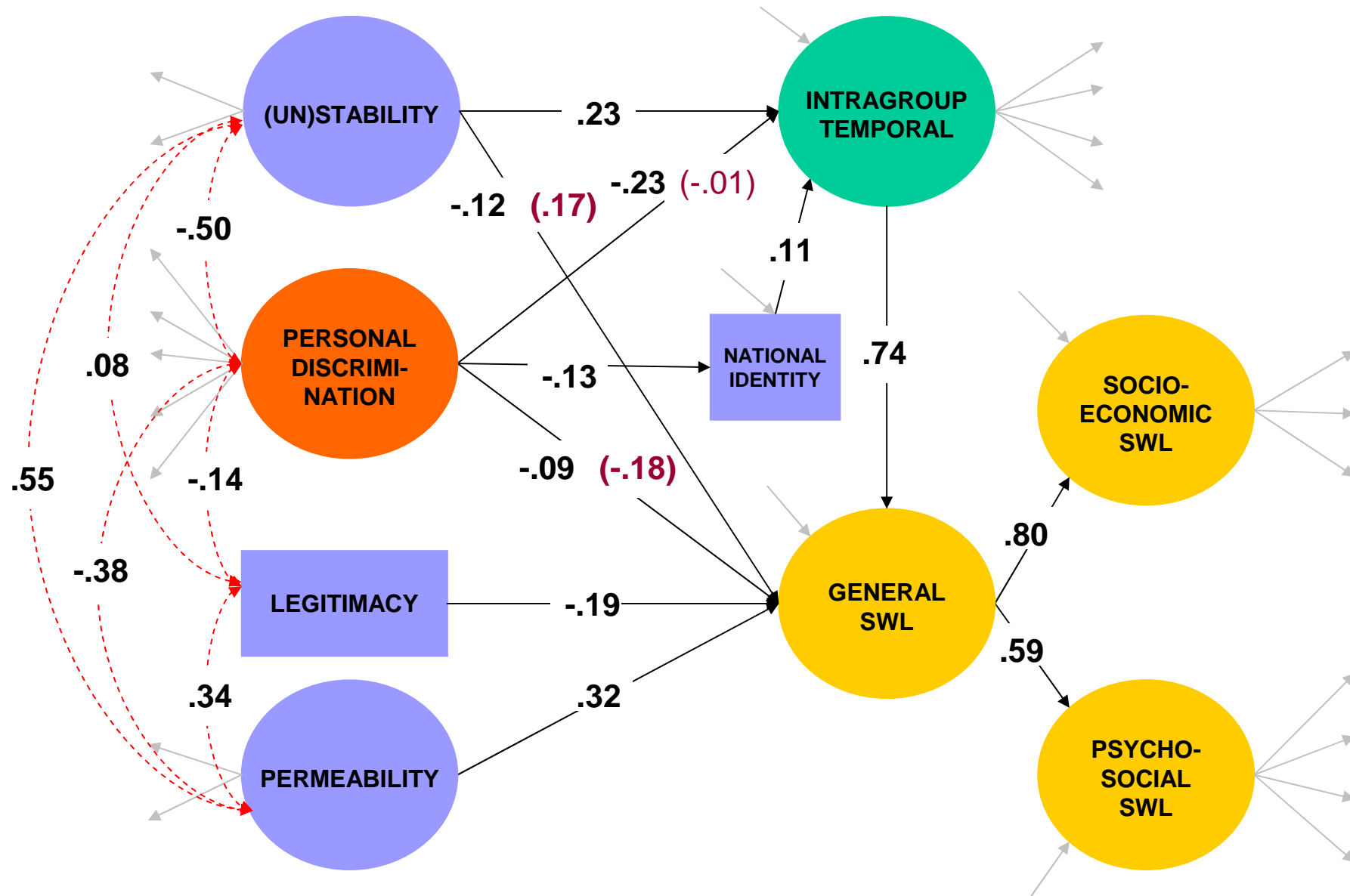
Model fit: $\chi^2(193, N = 1250) = 874.313, p < .001; CFI = 0.929; SRMR = 0.052$

Individual Mobility



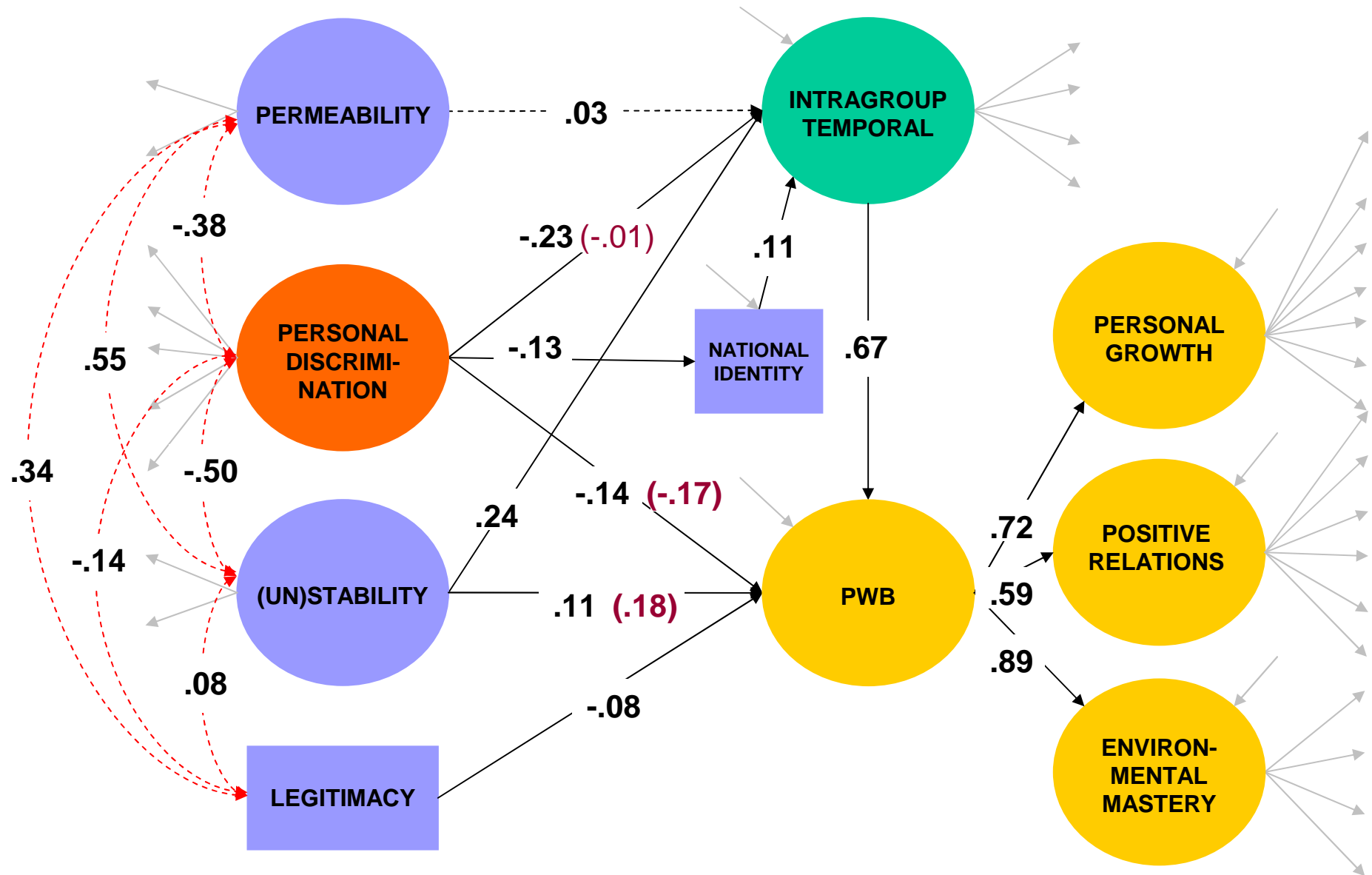
Model fit: $\chi^2(417, N = 1250) = 1787.787, p < .001; CFI = 0.904; SRMR = 0.058$

Intragroup Temporal Comparison



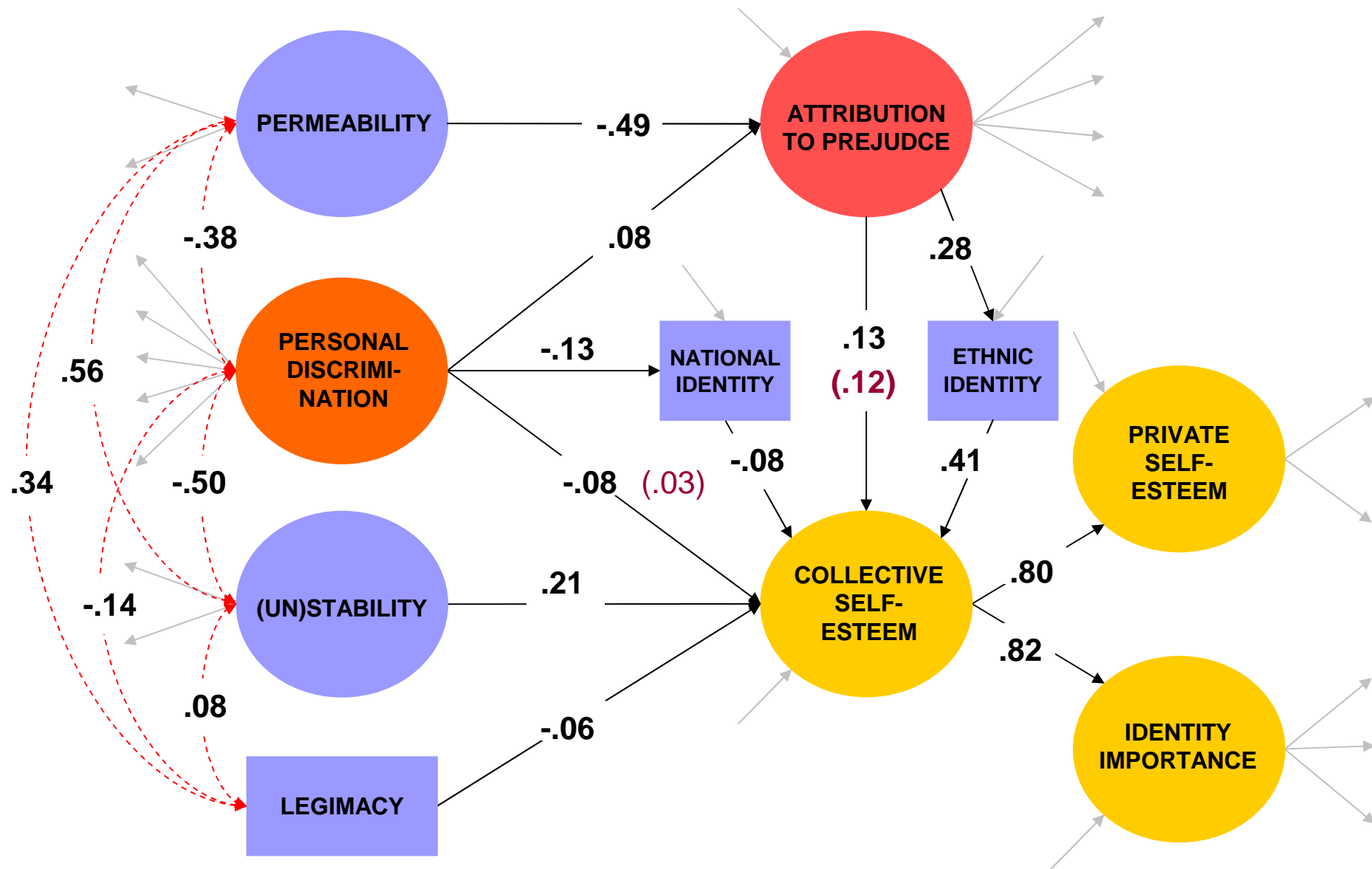
Model fit: $\chi^2(195, N = 1250) = 769.7498, p < .001; CFI = 0.942; SRMR = 0.045$

Intragroup Temporal Comparison



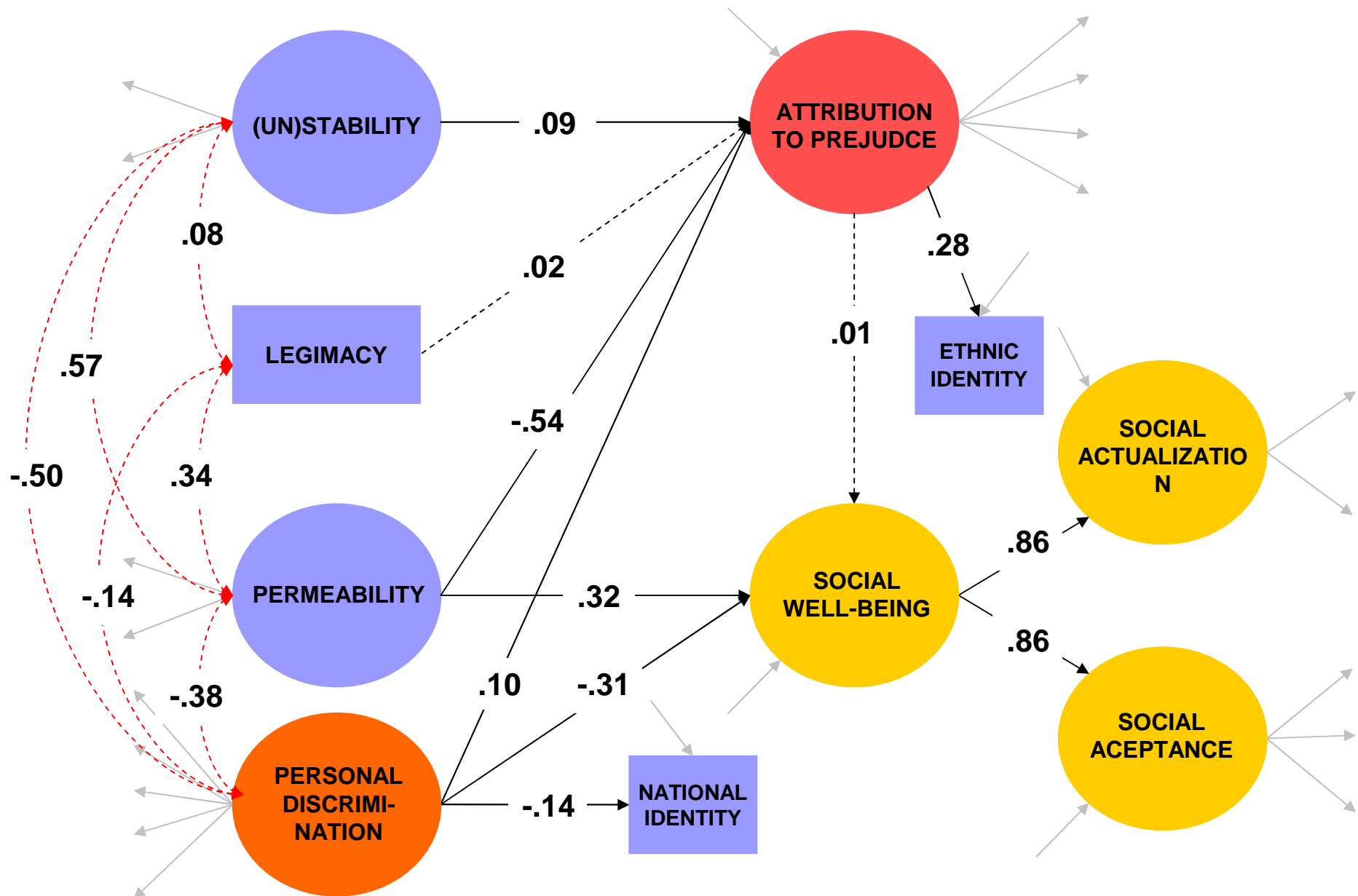
Model fit: $\chi^2(389, N = 1250) = 1537.285, p < .001; CFI = 0.924; SRMR = 0.046$

Attribution to Prejudice



Model fit: $\chi^2(175, N = 1250) = 822.222, p < .001$; CFI = 0.928; SRMR = 0.048

Attribution to Prejudice



Model fit: $\chi^2(176, N = 1250) = 808.399, p < .001; CFI = 0.929; SRMR = 0.050$

Conclusions



Taxonomy

- **Four-factor** structure of both the **individual** and the **collective** coping with negative social identity
 - **Individual** strategies include:
 - Intragroup and Temporal Comparison
 - Individual Mobility
 - Individualization & Superordinate Categorization
 - Me-Us Differentiation or Subordinate Categorization
 - **Collective** strategies include:
 - Attributions to Prejudice and Discrimination
 - Social Creativity: New Comparison Group
 - Social Creativity: New Comparison Dimension
 - Differentiation and Competition

Individual Mobility

- **Low perceived discrimination** leads to attempts for **individual mobility** and to higher satisfaction with life and psychological well-being.
- When immigrants perceive the group boundaries as **permeable** and the status differences as **legitimate**, they opt for **individual upward mobility**, which in turn leads to higher **personal well-being**: satisfaction with life (**SWL**) and psychological well-being (**PWB**)
- Whereas **permeability** – though modestly – affects immigrants' satisfaction with life only directly, **legitimacy** has an indirect effect on this component of well-being, being **mediated by** striving for **individual mobility**.
- Perceived discrimination inhibits national identification
- **Individual mobility** is related to national **desidentification** (ethnic identity does not play a significant role)

Intragroup and Temporal Comparison

- Perception of **(un)stability** and **low discrimination** activate **intragroup and temporal comparison** strategy – this strategy predicts immigrants personal well-being (**SWL** and **PWB**)
- Perceived **illegitimacy** and **permeability** lead to higher **SWL**, and **illegitimacy** to higher **PWB**
- Perceived **discrimination** has a negative indirect effect on SWL and PWB through intragroup temporal comparison
- **National identification** augments the tendency to make **intragroup and temporal comparisons** as a form to cope with the stigma

Attributions to Prejudice

- Perception of **impermeability** of group boundaries and **personal discrimination** predict making **attributions to prejudice**
- **Attributions to prejudice** have an indirect effect on collective self-esteem (**CSE**) - **ethnic identification** serves as a self-esteem protector; however, this strategy does not reinforce social well-being (**SWB**)
- **National desidentification**'s role is less significant for both **CSE** and **SWB**
- Perception of (**un**)**stability** and **illegitimacy** of group status differences contributes to higher **CSE**, while permeability is crucial for **SWB**
- Perceived **discrimination** has stronger consequences for **SWB** than for **CSE** - protective role of attributions to prejudice and ethnic identity only for CSE

General Conclusions

- **Perceived group status** has a great relevance for negative identity management and its impact for adaptation – mostly in line with SIT:
 - **Permeability** and **legitimacy**: individual mobility – “getting out” on one’s own
 - **(Un)stability**: intragroup temporal comparison – an instance of optimism or cognitive restructuring?
 - **Impermeability** and partly **illegitimacy**: attributions to prejudice – the barriers to leaving the group and perceiving ingroup low status as unfair stimulates collective strategies
- **Individual and collective strategies** have an impact on **personal** (SWL and PWB) and **collective** (CSE) **well-being**, respectively
- **National identification** played a more significant role in individual strategy- personal well-being models, whereas **ethnic identification** served as a buffer for collective self-esteem

Thank you!

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